**KNOW FULLERTON • SUBSCRIBE TODAY** 

Est.1978 • YEAR 45 #3

**MID-FEBRUARY 2023** 

contact@fullertonobserver.com • (714) 525-6402 • PO Box 7051, Fullerton, CA 92834 • Daily Stories at: www.fullertonobserver.com



Congratulations to the Fullerton Bears Jr All-American Football Superbowl Championship winners for 2022. See more on page 4.

# **Hunt Library Receives a Proposal** from Korean Community Services

by Saskia Kennedy

A new proposal for using the Hunt Library building and adjacent property is coming before the Hunt Library Ad Hoc Committee on February 27. The meeting is held in the Fullerton Public Library at 5 pm.

Korean Community Services (KCS) submitted a proposal to build a medical

STANDARD U.S. POSTAGE PAID ERMIT NO. 1577 ULLERTON CA

OR CURRENT RESIDENT

PUBLISHED THE FIRST AND THIRD MONDAY OF EVERY MONTH EXCEPT ONLY ONCE IN JANUARY, JULY, AND AUGUST

FULLERTON
OBSERVER
PO BOX 7051
FULLERTON CA 92834

clinic on the land commonly known as the dog park or somewhere else on the Hunt Library land. There is a possibility of housing as well. The medical clinic will allow KCS to manage and upkeep the property and the historic Hunt building. Management includes options of the Hunt having a library space for kids to study after school, arts and crafts classes, and venue rentals. There is the possibility of a long-term lease (50 years) for the property.

Who is Korean Community Services (KCS)? According to the KCS website, it is a nonprofit organization that has served communities in Southern California for over forty years. They provide comprehensive and integrated health care and social services to vulnerable populations in Orange County.

Initially funded by the Episcopal Diocese of Los Angeles, KCS was created as an immigrant mission project of St. Nicholas Korean Church in Los Angeles in 1977. Through the 1970s and 1980s, KCS emerged as a dynamic Korean immigrant social service organization providing job training, information and outreach, counseling, food bank, legal assistance, and educational materials in Los Angeles.

In 1992, KCS relocated to Orange County and expanded its programs to include mandated court counseling for domestic violence, child abuse, drunk driving, and drug offenders. By 2000, KCS became one of the largest Orange County counseling providers serving the Courts, Probation Department, and Social Services.

In 2013, recognizing the immense healthcare needs of immigrants and other vulnerable populations, KCS began offering health screenings and health education to its counseling and social service clients. By 2016, KCS became a California community clinic and, in late 2019, became a Federally Qualified Health Center.

The community is welcome to attend the meeting and let the committee know what specific programs and requirements they would like.

February 27 in the Fullerton Public Library Conference Center at 5 pm.



#### 7 years-old Author Arianna Thapaliya Publishes First Book: The Cat Princess

Arianna is a second grader at Fisler elementary school Fullerton Orange County CA.

It has been a year since Arianna's mom, Anu, left her body. "My daughter Arianna wrote a beautiful story in memory of her mom. The idea came to her mind while learning creative writing in her class. She started to write on the November 24, 2022, and completed the story on December 8, 2022," said Arianna's father, Mr. Thapaliya, "Arianna published a book in memory of Anu on her death anniversary. If the future belongs to our children, it will surely be a bright one."

The Cat Princess is a story that conveys the messages of courage, hope, kindness, love, and generosity. The cat lives in an enthralling world of fantasy, where she and friends fight with valor to save their kingdom, and the world, from an evil genius. The book is a delightful book to have on every child's bookshelf.

# Council Majority Approves \$12 Million to Re-build the Fullerton Fire Department

by Adrian Meza

Council Majority decided to go against joining the Orange County Fire Authority and instead retain the Fullerton Fire Department During the October 2022 Council Meeting. Before the October decision, the Fullerton Fire Department has been asking City Council to contract out fire services with the Orange County Fire Authority, citing problems with retention and financial sustainability with the City's department. Since the City will be retaining the Fullerton Fire Department, some significant changes will be an 8% across-the-board pay increase effective the first pay period after January 1, 2023, and subsequent pay increases of 4% in July and annually after that. The agreement would cost the City an extra \$12,406,932.

During Public Comments, Joshua Ferguson said how the item, if passed, would not be adequately funded as the City is in a deficit and would need a tax, "This item is a slap in the face... you're blowing a 1.8 million dollar hole in a budget, that already has a structural deficit (we spend more than we bring in) and then the next year it's a 2.8 million dollar hole in the budget then 3.8, it just keeps going up, and there is no way to fund it."

See Firefighters Receive Pay Increase page 5

#### Support local journalism by subscribing

Subscriptions are \$39 per year that is 21 issues mailed directly to your home. Sign up and pay with autopay at *www.fullertonobserv-er.com* or by check with name, phone number, & address to: Fullerton Observer, PO Box 7051, Fullerton, CA 92834



#### Friends of Jazz helps keep music in the schools

Founded in November 1999 as a nonprofit organization staffed by volunteers, Friends of Jazz's mission is to ensure the continued growth and development of music performance, appreciation, and education. Our primary goal is to "Keep Music in the Schools."

"We encourage the enjoyment of jazz by helping children with their musical education and experiences. We offer free jazz improvisation classes to local fourth graders and teach them how to read, play (on recorders), perform, and enjoy music. Currently, we are offering classes to 467 students at six elementary schools: Beechwood, Rolling Hills, Richman, Raymond, Acacia, and Woodcrest," said long

time member, Judi McDuff, "We also award stipends and scholarships to 9-10 local high school music students and bands, Fullerton College and Cal State Fullerton music students, and vocal jazz students. We depend on memberships and individual and business donations. Our annual Mardi Gras Ball and Silent Auction is our only major fundraiser."

Help Friends of Jazz invest in today's youth.

Everyone is welcome and encourage to become part of this mission. For more information,

contact 714.273-7504 or www.friendsofjazzinc.com See upcoming event on page 10.



From left to right, ER Marie Nunez, Lot 318 Executive Director Letty Gali, Alex Nunez, and Lot 318 Student Leaders

#### **Fullerton Elks Lodge Uses Grant Money** for Student Homework Club Incentive Items by Cory Brown

Fullerton Elks Lodge partnered with a Placentia non-profit, Lot 318, to support and enhance educational efforts for underprivileged children. Lot 318 has a long history of working in these impacted communities and helping in a variety of ways such as after school education, leadership training, and helping with food insecurity. To help create additional incentives to achieve homework completion, the Lodge obtained a \$2,000 Gratitude Grant.

In late January, student leaders at Lot 318 shopped together with their director, Letty Gali and Alex Nunez to purchase homework club program incentive items. Kids in this program earn points as they read books and complete homework assignments. Some of the items purchased were bicycles, helmets, electric scooters, and skate boards. Mitch Hanlon wrote the grant for the Lodge.



#### **HOW TO CONTACT YOUR** DISTRICT REPRESENTATIVE

- District 1: Fred Jung Mayor (714) 738-6311
- fred.jung@cityoffullerton.com
- District 2: Nick Dunlap Council (714) 738-6311
- nicholas.dunlap@cityoffullerton.com • District 3: Shana Charles Council
- (714) 738-6311 shana.charles@cityoffullerton.com
- District 4: Bruce Whitaker ProTem (714) 981-8474
- bwwhitaker@live.com
- District 5: Ahmad Zahra Council (714) 738-6311 AhmadZ@cityoffullerton.com

# **L'ullerton** bserver

The Fullerton Observer community newspaper, founded by Ralph and Natalie Kennedy, Roy and Irene Kobayashi, and other friends in 1978, is staffed by local volunteers who create, publish, and distribute the paper throughout our community.

This venture is a not-for-profit one. Revenues are plowed back into maintaining and improving our independent, non-partisan, non-sectarian community newspaper.

Our purpose is to inform Fullerton residents about political, economic, and social forces which impact their lives. We hope that this knowledge can empower residents to participate in constructive ways to hold these public and private entities accountable, so they serve Fullerton in lawful, transparent, and socially responsible ways. We seek to promote a sense of community and an appreciation for the values of diversity with which our country is so blessed.

Distributed on the first and third Monday of every month except only once in January, July & August.

#### How To Subscribe

Subscriptions are \$39 per year. Sign up and pay with autopay at www.fullertonobserver.com or by check with name & address to: Fullerton Observer, PO Box 7051, Fullerton, CA 92834-7051

How to Advertise Email: ads@fullertonobserver.com, or call: (714) 525-6402

#### • STAFF•

- EDITOR: Saskia Kennedy
- ADVERTISING & ACCOUNTING: Saskia Kennedy
- CHIEF WEB OFFICER: Mehul Desai
- PROOFREADERS & COPY EDITOR: Richard Pollard
- Shipping: Irene Kobayashi, Marjorie Kerr, Leslie Allen, & Barbara Meyer
- DISTRIBUTION: Jere Greene
- COUNCIL REPORT: Adrian Meza
- CROSSWORD: Valerie Brickey • DOWNTOWN REPORT: Mike Ritto
- · Columnists:

Emerson Little:VIDEO OBSERVER Joyce Mason: Movie Review Jonathan Dobrer: Out of My MIND Jan Youngman: FSD Report Vivien Moreno: FJUSD Report Jo Ann Brannock, PhD:

**Healthy AWARENESS** Andrew Williams:

AT HOME WITH THE HOMELESS CHRISTINA GARNER:

PARKS & REC REPORT Francine Vudoti Writer and Editor YOUNG OBSERVERS

- POLITICAL COMMENTARY:
- Vince Buck & Jack Hutt
- ROVING REPORTER: Jere Greene
- REPORTERS: Jane Reifer, Sara Kil, Adrian Meza, Esha Salman, Judith Kaluzny, Kevin Curriston
- Social Media: Mia Seibert
- THEATRE REVIEWS: Angela Hatcher
- PHOTOGRAPHERS: Emerson Little, Mike Ritto, Jere Greene, Gaston Castellanos

#### VOLUNTEERS NEEDED:

Send resume to:

Observer@fullertonobserver.com

Created & Published in Fullerton by local volunteers since 1978 Published by Fullerton Observer LLC

The Early March 2023 issue **SUBMISSION and AD deadline:** February 27. Distributed March 6.



#### 'Day of Music Fullerton' and the Fox Theatre Move Together into 2023 and Beyond

The Fullerton Historic Theatre Foundation takes over the 'Day of Music Fullerton' organization and will produce the event in the future.

Since its formation and first celebration of the "Day of Music" in 2015 the Day of Music Fullerton (DOMF) organization has been managed by passionate, local Fullertonians who love their town, music, and who desire to bring the community together. But after eight years and particularly after COVID, the all-volunteer group had taken it about as far as it could go. The 2019 was a high-water mark for the organization, which involved over 40 venues and hosted 150 musical performances.

Following the successful 2022 event that was surprisingly pulled off on short notice, the organization decided to approach the board of the Fox Theatre to take over the management of the event with them staying on as volunteers to produce the event every year for the community. The Fox board unanimously agreed and in late 2022, the DOMF organization was dissolved with the Fox agreeing to carry the torch into the future.

"Our group and volunteers are so excited to be part of the Fox Theatre project," says Day of Music Fullerton Board Member and President, Jen

For the Fox Theatre organization, DOMF will be a great event to start showcasing one aspect of what a finished Fox Theatre will be producing: quality and diverse musical entertainment for all audiences. It will also have the Fox leading the Fullerton connection to the Make Music Alliance in New York City which oversees Make Music Day (or Day of Music) events all over the world and their relationship with the National Association of Music Merchants and their "NAMM Show" held every winter at the Anaheim Convention Center. Every year when the NAMM Show comes to Orange County they are looking for unique, quality venues to host their musical artists and business to business parties. The Fox Fullerton will be high on that list.

"All music genres will be a big part of the Fox when it's completed and leading the "Day of Music Fullerton" tells the world we're committed to supporting musicians" says Fox Board Member and President, Brian Newell, "Strategically, it puts the Fox Fullerton in front of the entire music industry now with the Make Music Alliance and NAAM Foundation as we plan on bringing all those NAMM parties and visitors from Anaheim to downtown Fullerton in the future".

With the two groups coming together there will be streamlining and efficiencies with tasks like accounting, insurance, marketing and promotion, and event production committee falling under one organization. The DOMF group will now operate as a committee under the FHTF.

The 2023 Day of Music Fullerton will be held on June 21st, 2023 in the downtown museum plaza and around Fullerton. The Fox will be producing the downtown event and assisting other organizations who would like to be part of DOMF. There will not be any DOMF shows at the Fox as it is currently in the middle of Phase 2 con-

Businesses who are interested in sponsoring the event or hosting a venue can contact: Todd Huffman thuffman@foxfullerton.org

### Opioid Awareness by Vivien Moreno

The OC Health Care Agency (OCHCA) presented a candid information session on January 26 to a packed house at Fullerton Union High School's Little Theater. The topic was the alarming uptick in opioid overdoses in Orange County, mainly due to people unknowingly purchasing Fentanyl-laced drugs, particularly through social media outlets like Snapchat.

FJUHSD Student Services Director Allen Whitten welcomed Orange County 4th District Supervisor Doug Chaffee, who started the evening by sharing dire statistics. From 2019 to 2021, the Orange County death rates stayed stable except in the areas of COVID-19 deaths and accidental drug and alcohol overdoses which have almost doubled in the past year. The

OCHCA also recorded a steep rise in mental health issues and a concerning increase in suicide deaths.

Dr. Veronica Kelley, Chief of Mental Health and Recovery Services for OCHCA, showed a 32% increase in the past three years of accidental overdose deaths in the OC population ages 1-44 years and identified the cause as artificial opioid Fentanyl ingestion that is increasingly found contaminating every nonprescription or recreational drug. OCHCA predicts that 6 of every 10 pills sold through social media contains some Fentanyl no matter what drug is delivered.

Fentanyl is odorless, clear, and often an indistinguishable white powder that is cheap and easily made locally or imported. 2mm, about the size of half a grain of sand, can kill an

adult. The popularity of manufacturing and distributing the drug is due to its strength that mentally addicts people quickly. The alarming tone of the presentation was because the infinitesimal amount of Fentanyl needed to kill a person is very difficult to determine (test strips require a sophisticated technique to be accurate), which is reflected by the exponential increase in overdose rates in Los Angeles and Orange County mirroring a nationwide opioid overdose epidemic.

Traditional relationships between drug dealers and clients are becoming trivial with the introduction of drug selling over social media platforms like Snapchat, where the enormous potential clientele makes keeping users alive irrelevant. Many accidental overdoses occur when someone orders one type of drug and receives a Fentanyllaced pill or powder instead. One incorrect dose leads to overdose or death. Retired narcotics officer and father Steven Filson, who lost his daughter Jessica to an accidental overdose, said, "Fentanyl changes everything." People cannot experiment with recreational drugs at this time.

The presentation included identifying an overdose victim, how to administer first aid, including the use of Narcan (Naloxone), and Dominic Tierno's heartbreaking YouTube video.

"Dead on Arrival" youtube.com/watch?v=iJgPmrLjkuo

In addition, a Q&A panel included parents Steven Filson and Perla Mendoza (founder of "Project Eli") with information translated for Spanish speak-

Parents can combat accidental overdose incidents by learning about and talking truthfully with their children about these drugs: Fentanyllaced fake pills and marijuana edibles. Learn about Narcan, how it is used in emergency, and its limitations. Dr. Kelley emphasized that "kids need to understand about Narcan," but it is not a foolproof way to combat opioid overdoses. Dr. Kelley emphasized, "Narcan saves lives," helping many people by giving them time to get medical attention.

Parents need to make time to listen to children and teens as they navigate this anxious

post-pandemic time and be ready to validate their anxiety and mental health issues. Ms. Mendoza and Mr. Filson both pleaded for parents to really listen to their children and not be quick to offer advice or shame them into feeling better.

Look for mental health resources, including free or low-cost options, at FJUHSD fjuhsd.org and OCHCA ochealthinfo.com/services-programs to find support. All presenters agreed that young people need to be careful not to self-medicate with nonprescription drugs or alcohol at this time. It is just too dangerous.

Many accidental *overdoses* occur when someone orders one type of drug and receives a **Fentanyl** laced pill or powder instead.

FULLERTON CERTIFIED fruits . vegetables . eggs . honey FARMERS' MARKET plants.orchids. EVERY WEDNESDAY 8:30 AM - 12:30 PM **Fullerton Community Center** 340 W. Commonwealth Ave VENDORS WANTED

text Jimmy Moreno for more information at

951-532-2822

#### Thrifting Is In!

Save Money, Reduce Landfill Waste, and Help your Local Community.

Clothing ~ Housewares ~ Toys Patio Boutique & More

Buy a pair of JEANS, receive a FREE T-shirt of your choice! (expires February 28th)

#### Come and Check us Out **Best Bargains in Town**

Assistance League® of Fullerton is a 501(c)3 non profit organization serving the needs of children and adults in our community through philanthropic programs.

233 W. Amerige Avenue, Fullerton Open: Tuesday Thursday & Saturday 10:00am - 3:00pm



Bears Junior Football Cheer Squad receives recognition from City of Fullerton and State Assembly office of Sharon Quirk-Silva.

#### **City Council Notes:**

The Council meets on the first and third Tuesdays of each month at 5pm.

Upcoming agenda information and streaming video of meetings are available at www.cityoffullerton.com

City Hall is located at 303 W. Commonwealth, Fullerton | Contact Council at (714) 738-6311 or council@cityoffullerton.com

#### FEBRUARY 7 MEETING

## OUTGOING BOARD/COMMISSION/COMMITTEE MEMBER RECOGNITION AWARDS

Ann Sim, David Robinson, Mark Shapiro, Adelle Haskell, Ellen Ballard, Aisha Bussani, Brian Yanity, Lynn Lauderdale, Maureen Ali, Enrique Masai, Raphael Avilla, and Vince Buck were all recognized for their service to the City of Fullerton.

#### STUDENT SPEAKERS OF AMERICA



Kayla Nguyen, co-founder of Student Speakers of America received certificates of recognition from the City of Fullerton and California's State Assembly for Student Speakers of America's impact on the community.

#### NATIONAL LAW ENFORCEMENT APPRECIATION DAY



Captain Jose Arana accepted a recognition award from the City of Fullerton and a certificate of appreciation from OC Supervisors office for a successful Gun Buy Back Event.

#### TENTATIVE AGENDA FOR FEBRUARY 21 CITY COUNCIL

#### 7. CREDIT CARD FEE STRUCTURE

This item considers changing the credit card fee structure. There are several options including passing all fees on to the consumer for a savings of \$395,000 annually.

#### 8. 2023 LEGISLATIVE PLATFORM

This is essentially a list of legislative policy proposals and budget items that the City wants to support or oppose. It also includes special dedicated funding just for Fullerton. This is an update to the 2022 Legislative Platform and lists only 12 items, some new, some modified and one deleted.

If you think that there is something that the City should support, oppose or ask for, now is the time to speak up.

### UPCOMING CITY MEETINGS IN COUNCIL CHAMBERS 303 W. COMMONWEALTH, FULLERTON

- February 21 at 5:30pm: City Council
- February 22 at 5pm:
  Active Transportation
- February 23 at 6pm: Library Board
- February 28 at 6:30pm: Community Development Citizens' Committee
- March 1 at 6:30pm: Planning Commission
- March 6 at 4pm: Transportation & Circulation
- March 13 at 6:30pm: Parks and Recreation
- April 10 at 5:30pm: Cultural Arts Subcommittee

#### BEARS JUNIOR ALL-AMERICAN FOOTBALL AND CHEER

Congratulations to the Fullerton Bears Jr All-American Football Superbowl Championship winners for 2022 and the National Cheer Champs Bears Team for winning Silver: 1st place win in show cheer and their 2nd place win in performance cheer.

#### **PUBLIC COMMENTS**

No Front License Plate: Bernard Oh stated that Mayor Jung has yet to fix his front license plate even after a comment was made by Maureen Milton who said that a front license plate is needed, and Mayor Jung did not have one.

OCPA Agreement: Gill Nelson a resident of Irvine encouraged the city council to reconsider the OC Power Authority rates to be the 38.5% renewable energy rate. He cited the city staff report, "according to a staff report, the 69.2% renewable choice would increase the annual energy cost by \$237,125." He also said that the money could have been spent by having Solar installation subsidies.

**Active Transportation Committee:** Jane Rands said that she was concerned about meetings being canceled and not having items agendized clearly. Appointees have not been able to fulfill their obligations due to poor scheduling and would like to have a different meeting day. Another point that was brought up was the committee does not know who the appointed staff members are. Who is supposed to be managing the meetings and that the Active Transportation meeting minutes have not been typed up as far back as May 2022 and therefore can not be approved. Rands asked for the council to designate staff members to work with the committee on these issues.

#### COMMUNITY MEETING FULLERTON TRANSPORTATION CENTER DEVELOPMENT

"The Tracks at Fullerton Station"

#### **Community Meeting Time and Date**

Monday, March 6th , 2023 at 5:00 pm to 8:00 pm Fullerton Community Library Conference Center 353 W Commonwealth Ave, Fullerton, Ca

#### What is the Proposed Project

Westpark Investments, LLC and TA Partners, LLC has submitted an application to develop a 124 room Nationally Branded Hotel and 140 residential units with a percentage dedicated as affordable on the property located on the southeast corner of Santa Fe and Pomina Avenues in the Fullerton Transportation Center. The project includes replacement of the required public parking, reconfiguration of the parking lot directly in front of the Fullerton Train Depot, retail/restaurant space, new entrance to the Fullerton Train Museum and a roof top grill.

The project will be developed under a Disposition and Development Agreement with the City and include certain public benefits.

#### Who to Contact for Questions

If you have any questions, please contact Sunayana Thomas with the Community Development Department at 714-738-6884 or you can send an email to; Sunayana. Thomas@cityoffullerton.com

#### FEBRUARY 7 MEETING continued

#### **COMMUNICATIONS AND REPORTS**

Councilmember Dr. Shana Charles reported that she sat in a meeting with Congressman Lou Correa for the Small Business Administration at Cal State Fullerton and wanted to let people know that if they are establishing a small business in Fullerton they can utilize city resources or federal resources such as small business loans, payroll assistance, or free business consulting.

Charles thanked the constituents that have reached out to her, saying that she understands it is a little difficult having a new councilmember and new phone number to reach her and spoke about her office hours, Thursdays 12-2 pm, where she will be open to the public for any comments.

Councilmember Nick Dunlap responded to the comments about the OCPA and said that "there are several issues and concerns, "I think at this point, we should reevaluate this relationship and see if there isn't room for

a potential change and I would hope to get this item on the agenda for a future discussion."

Councilmember Ahmad Zahra thanked Chief Robert Dunn for spear-heading the winter shelter, "[Dunn] did a great job spearheading this, and it is now in operation in Independence Park. I wish we had it sooner because the weather is warming up a bit." He directed staff to find a permanent location for a winter shelter next year.

Zahra agreed with Dunlap and said he would happily second his request for a reevaluation of the OCPA relationship, as council has not been updated on their work and has relied on hearsay and the press for their information

Mayor Pro Tem Whitaker said he had nothing to report but wanted to commend the Bears Junior All-American Football and Cheer for their spirited pledge of allegiance.

#### 2023 Safe and Sane Fireworks Sales

Fullerton voters reinstated the sale, possession, and discharge of safe and sane fireworks within City limits on November 6, 2012, and re-affirmed the sale of safe and sane fireworks on November 3, 2020. A report was presented in the 2022 Safe and Sane Fireworks Sales Annual Report and seeks approval of the 2023 fireworks sales timeline recommending:

- 1. Receive and file the 2022 Safe and Sane Fireworks Sales Annual Report.
- 2. Confirm the timeline for the 2023 fireworks sales application process. The City will begin accepting applications for fireworks sales beginning in March. Applicants must be registered and a nonprofit in good standing. Fifteen applicants will be selected by lottery in April.

#### Traffic Safety Initiatives Update

Public Works Department on Traffic Engineering manages 154 signals across Fullerton, working on traffic signal timing in partnership with the OCTA, Police Department, School District, and residents. City staff con-



and residents. City staff consists of one full-time engineer, Jeffery Chinchilla, and an assistant. The City also contracts with LLG Engineering and City Traffic Engineer Dave Roseman.

The first initiative is that traffic signals will now have a 1 to 2-second allred interval where all lights are red to clear the intersection, making intersections safer

The second initiative is to install 500 pedestrian countdown indicators adding additional time for pedestrians

to cross.

The third initiative is the installation of all new or modified limit line detectors to detect bicycles. It provides a longer green time for a bike to get through an intersection.

All three initiatives will extend the cycle length of intersections and these implementations will make the City safer.

Street and intersection lighting improvements will begin to be implemented throughout Fullerton in the next four months, but the plan must be in place to apply for the Federal Grant to fund it.

Several residents commented about bicycle safety, and the time it takes for older people to cross.

#### Firefighters Receive Pay Increase

continued from front page

Councilmember Ahmad Zahra said, "If we had gone with OCFA, we would have everything we need immediately, but now we're just gradually having to build this up over the next five years. One can predict that in five years (because of inflation), our firefighters will remain underpaid unless in five years we do another significant jump, and Mr. Ferguson is right in the sense of how are we going to pay for all of that". Zahra later says that this plan, in his opinion, is less than what they deserve and is less than adequate, but it is all we can do at this point.

Councilmember Dr. Shana Charles mentioned that during her election, she was endorsed by the Fire Fighter association and was in support of the movement of the OCFA and was disappointed in the vote by the council to not go with OCFA. She later thanked the fire-fighters for their dedication to staying with the City, taking pride in it, and wanting to rebuild the fire department. Charles said, "This is our best compromise, considering our situation."

Councilmember Nick Dunlap said, "I won't be supporting the item tonight. But, unfortunately, the costs are too extreme, and I think this will be very challenging for the City to deal with; unfortunately, it wouldn't surprise me if what was mentioned by some of the commenters was that this is a backdoor tax

Councilmember Zahra motioned to approve, and Councilmember Charles seconded, passing 3-2. Jung, Zahra, Charles: Yes Whitaker, Dunlap: No

#### City Hall Gets Solar

This project is anticipated to save approximately \$2M over the 25-year life of the project and is intended to establish and replace critical infrastructure equipment. The new shade structures will be similar to the one in place at the Library and cover the four rows of parking in the middle of the lot. Solar panels installed on the canopy will connect to City Hall to help offset building power consumption. EV charging stations will also be installed: five dual stations.

#### Know the Law by Jennifer Olmedo

#### Assembly Bill 5 (AB5)

#### What is the AB5?

According to the California Department of Industrial Relations (DIR), "AB 5 is a bill the Governor signed into law in September 2019 addressing employment status when a hiring entity claims that the person it hired is an independent contractor.

AB 5 requires the application of the "ABC test" to determine if workers in California are employees or independent contractors for purposes of the Labor Code, the Unemployment Insurance Code, and the Industrial Welfare Commission (IWC) wage orders."

This new bill imposes stricter rules that employers must follow when classifying workers in the state of California as independent contractors. An independent contractor would classify as a person or entity performing a job for an outside company without being on their payroll or receiving the benefits of an actual employee. California law states that independent contractors cannot and are not entitled to worker's compensation, overtime pay, minimum wage, or employee wages.

There are two primary focuses of the AB5 bill. The first is to reclassify independent contractors as employees and allow them to receive benefits and protection. Second, to prevent companies from misclassifying their workers and to avoid tax evasion.

Before we get into the requirements of what classifies an independent contractor under AB5, it is important to point out that a three-prong test called the ABC test is needed.

#### What is the ABC Test?

According to CA.gov, under the ABC test, a worker is considered an employee and not an independent contractor, unless the hiring entity satisfies all three of the following conditions:

- The worker is free from the control and direction of the hiring entity in connection with the performance of the work, both under the contract for the performance of the work and in fact;
- The worker performs work that is outside the usual course of the hiring entity's business; and
- The worker is customarily engaged in an independently established trade, occupation, or business of the same nature as that involved in the work performed.

#### Let us take a look at some of the positives that AB5 offers.

For the workers misclassified as independent contractors as opposed to employees. It allows them now to be recognized or hired as company employees who directly benefit from minimum wage, worker's compensation, paid sick and family leave, and most importantly, unemployment insurance gaining that sense of job security we all seek.

In addition, companies will have a much more difficult time misclassifying an employee as an independent contractor to avoid certain payment obligations to the state, such as payroll taxes, social security, and disability insurance, among others.

#### Now let us look at the negative aspects of AB5.

Voluntary independent contractors will no longer have the flexibility of choosing their business hours of operation, and Employers will lose the affordable labor that comes with hiring independent contractors. AB5 is suppressing the job growth that voluntary self-work is creating.

As mentioned, many people choose to be independent contractors due to the independence and flexible schedule it gives them. Although AB5 does not apply to all work, it still prevents many other people from working small gigs to get extra income.

AB5 is currently receiving a lot of backlashes from freelance "gig" workers such as drivers, attorneys, salespeople, accountants, hairdressers, doctors, architects, graphic designers, tutors, performers, and freelance writers.

Labor unions fought to pass AB5 as a way for workers to get the benefits and compensations that are due to them. As AB5 impacts business owners and employers throughout California, class action lawsuits are on the rise. One industry hit hardest by this law is the trucking industry.

According to an article in *Coyote Logistics*, "Currently, 70,000 owner-operators are driving in California who are affected by AB5." In June of 2022, the Supreme Court denied hearing two lawsuits brought by the trucking industry that could have overturned AB5.

Many independent contractors are finding ways to work with the law by getting business licenses, going to work for companies that still allow them to work from home or on their own schedule, or relocating their base address as is the case for many truckers.

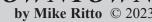
The controversies surrounding AB5 became so intense that, on Sept. 4, 2020, the California legislature passed—and Governor Gavin Newsom signed—Assembly Bill 2257, which went into effect immediately and rewrote a number of the requirements of AB5.

Prop 22 essentially overrode AB5 on the question of whether app-based drivers are employees or independent contractors.

However, on Aug. 20, 2021, Alameda County Superior Court Judge Frank Roesch ruled that two sections of Proposition 22 were unconstitutional and that the measure as a whole was unenforceable.

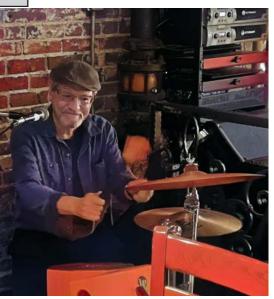
Uber and Lyft announced they would appeal, and Prop 22 remains in effect as the court battles continue.

For more information go to: https://leginfo.legislature.ca.gov/faces/billTextClient.xhtml?bill\_id=2019202









Left: Francine and Jeff

Right: Rico Lozano Center: Casey

PHOTOS BY MIKE RITTO

#### **A Moving Tribute And More**

Rico gave all who would listen a heads-up about the celebration of life for his good friend Steve Omalev at Bourbon Street on Saturday, February 4. Since it started at 2 pm, not 2 am, many of us 'mature' music lovers came out in full force. It was great to run into so many who appreciate the talent of our local musicians, some of whom are pictured here. But, of course, any memorable song needs a

good refrain, so here goes- we need more live music downtown. With live music venues like Steamers and The Slidebar long gone, it's good to know there are still a few places that continue to carry the musical torch, so when heading out the door looking for a fun place to go, take a look at our downtown, and you will find it. Two places for a variety of live music performances will be the always-popular Fullerton Market, which returns in the Spring, and Bootlegger's Brewery open mic nights every Monday.



#### **Art Walk**

Years ago, when Art Walk was at its peak, an April Fools' Day page appeared here in the Observer. The monthly event was spread out over a wide swath of downtown. We joked that it was being renamed Art Run since art lovers would have to run to make it to all of the locations in one night. Sorry if anyone actually fell for it, but always beware of what you read on April 1. This Art Walk night, Modelmania was nearly overflowing with attendees, many there to see and



hear friend Albert (you can call me Al) Garcia entertain the crowd. Apologies if it appears the other Albert was not amused, but art can be all about per-

Literally right around the corner, also at Bootlegger's, another enthusiastic crowd was digging the musical selections of first-time DJ Aaron Simcoe, who refused our requests for Death Metal, telling us it was still too early for that. The Kobe art, in particular, was a huge hit in more ways than one, thanks to the distinctive talent of local artist Carla Roque.



#### **New In Town**

JP23 on Harbor and Commonwealth has been sold and transformed into Chako's Social- details are coming here soon. Across Harbor on another corner is a bit of a puzzle, as we expected it to open last Fall. Calls to the owner have gone unanswered, but we will keep trying. Just a quick note to anyone looking for employment, Crawfish Cave, Domino's Pizza, and Kentro are all hiring. You can find them online for details. On Pomona and Commonwealth, also hiring, a new place called Qamaria Yemeni Coffee Company is coming soon, expected to open in the Spring.



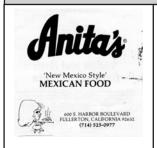
#### **Old In Town**

You really have to be a long-time resident to remember downtown bowling. An announcement from June 1940 told anyone within shouting distance that The Fullerton Bowling Center would soon open at 118 West Commonwealth in the former Robinson's Market. 4½-year-old Twinkles Watts, a bowling sensation of the Sunset alleys, would attend the grand opening by golly. Followed by a match between Cliff George's "strong Val Vita bowlers and the powerful Warner Brothers five." An ad two years later announced you could "BOWL your blues away!" by rolling your troubles down the Centennial Lanes. Just call phone number 646 and ask for Mr. Acton. Sadly, the alley burned down in 1965, but a new building arose from the ashes. It would eventually house Boege & Bean Sporting Goods, followed in 2003 by Roscoes Famous Deli.



#### Photo Quiz

Send answer to Mike at AllMedia@sbcglobal.net



Last time: You got it, yes, it was Anita's



This time: When was the sign installed? If you look closely, you will see that the landmark sign in front of our Police Department needs repair.

This is the second oldest neon sign in

Fullerton. A Go Fund Me effort to restore it is underway thanks to Fullerton Heritage, and you can help by going to fullertonheritage.org



**DINNER:** 7 days a week! 5pm to 10pm • Fri & Sat to 11pm **LUNCH:** Mon through Sat 11am to 3pm

*«
Rappy Hour:* Monday through Friday from 4pm to 6pm



114 W. Wilshire Ave • Downtown Fullerton



#### Why the Word "Brick Head" Will Develop a Positive Connotation by Abigail Park

In future

decades, t

he meaning

of this term

will

drastically

change

to exemplify

an entity

that protects

our world's

energy,

climate,

and natural

resources.

What if a girl named Sally called her best friend John a "brick head"? Traditionally, Sally's description of John would be very impolite. She just characterized him as a brick, dense, with this new development, as these

inflexible, and relatively mundane. However, a brick's "dense" quality will not only change the energy storage for the next decade but also permanently transform the indus-

Throughout the past two years, Julio D'Arcy, Assistant Professor of Chemistry at Washington University found a new way to store energy by turning the red pigment of everyday bricks into plastic structures that harness electrical power. So how does this plastic develop? The answer is simple: chemical reaction.

D'Arcy's work in developing supercapacitors—devices with porous metal plates connected to plastic that operates as electricity conductors—drove the professor to wonder if there

were any everyday objects that could serve the same purpose. This question led him to pour acid vapor into the porous structure of the brick, causing a chemical change in the brick's red pigment, otherwise known as iron oxide (rust).

D'Arcy explained that the chemical change created "a reactive form of iron that [made] chemical syntheses" within bricks possible, which motivated him to take his discovery one step further by filling the pores once again with a new substance: sulfur. This chemical jumble of meanings generated a fantastic find for D'Arcy—PEDOT, an electrically conductive plastic.

With a revolutionary discovery of

the world's first low-cost renewable energy — energy storing bricks." Bricks look pretty cool now.

Well, the future only looks brighter

bricks can replace expensive renewable energy solutions like solar panels. According to a New York Times article, the solar customers of California's largest utility company "pay \$133 a month," indicating the global necessity for an inexpensive solar alternative.

Once developed to store an extensive quantity of electrical energy, these supercharged bricks will even have the power to reduce global warming.

Furthermore, through D'Arcy's chemical endeavors, the iron oxide of bricks, a "ubiquitous waste product," will become a valuable substance in many chemical experiments, preventing pollution and making construction materials more pragmatic in

the long term. These vast improvements will then exponentially enhance the quality of our environment, minimizing the negative impact of global warming.

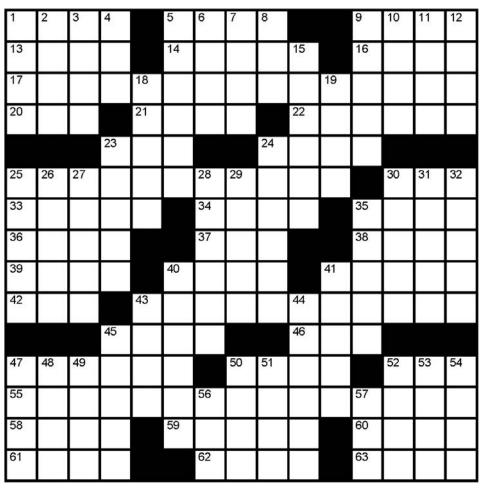
The many unanswered questions regarding how to maximize energy storage in bricks mean that the negative connotation behind "brick head" will remain. However, as the methods to store more significant quantities of electrical energy in bricks advance in future decades, the meaning of this term will drastically change to exemplify an entity that protects our world's energy, climate, and natural resources. Through this profound discovery, the term "brick head." will be reborn with

#### how to produce PEDOT with cheap, a positive connotation as bricks transeveryday material, D'Arcy has given form and revolutionize our delicate yet environmentalists the key to finding beautiful world. FINANCIAL **LITERACY TOPICS** We will discuss topics and engage in hands-on activities **FORUM** · How to build your credit score Mortgage and financing For questions, please email District4.FinancialLiteracy@ And more! ocgov.com The Forum will be hosted in March 3, 2023 identical sessions throughout March 10, 2023 6:30 p.m. - 8:00 p.m. March 17, 2023 various cities in the Fourth District March 24, 2023 April 7, 2023 April 21, 2023 April 28, 2023 \*\* Registration is limited to 30 participants per session

Register at District4. Financial Literacy. eventbrite.com.

#### OUR TOWN CROSSWORD © 2023

"HOPPY 2023" by Valerie Brickey (answer key on page 17)



#### **ACROSS**

- 1. Starbuck's superior
- 5. Some TV brands
- 9. Zany
- 13. Make yawn
- 14. Total
- 16. Longtime shock jock Don
- 17. Rabbit
- 20. Commotion
- 21. Princess abducted by Hercules
- 22. New Zealand natives
- 23. Gershwin's "Concerto
- 24. Weather desperately needed in California
- 25. Rabbit

2. Robin

7. Fits to

8. Homily: Abbr.

9. Mustard choice 10. Cupid, to 15-Down

19. Surprise attack

biography?

25. Dactyl opening

28. Experience again

26. Rowed

- kite" 30. "High
- 33. California/Nevada lake
- 34. George and George W., e.g.
- 35. "Sign me up!"
- 36. Units of work
- 37. Chaney of horror films

1. Magician's opening

4. Spelling showdown

5. Have an influence (on)

6. Lower corner PC key

3. 2012 Best Picture winner

11. Apple variety from Japan

18. Washing machine cycle

23. Dan Blocker of "Bonanza"

24. Emmy winner Carl or Rob

27. 1977 George Burns film

15. 'Friends, \_\_\_\_, countrymen..."

12. General chicken

- egg (savings)
- 39. Old Olds'
- 40. Donate
- 41. Ferber and Millay
- 42. Like all prime numbers besides one
- 43. Rabbit
- 45. " Dinah" (Frankie Avalon's first hit)
- 46. Org. created in 2001
- 47. Padre de tu padre
- 50. Peek-
- 52. and flow 55. Rabbit
- 58. Curved molding 59. Like Thor and Loki
- 60. Approximately 2.2 lbs.
- 61. Refusals
- 62. Bonny one
- 63. Man alone

#### **Down**

- L.A." (1983 Randy Newman song)
  - 30. Change, as the Constitution
  - 31. Rope fiber
  - 32. Impatient 35. Second most populous nation

  - 40. Descend
  - salts 43. Sitcom diner
  - 44. Rights wrongs

  - 45. Hockey feints
  - 47. Calling company?
  - 48. Twofer offer, briefly
  - 49. Title beekeeper played by Peter Fonda
  - 50. Tourist city in 35-Down
  - 51. "Jaws 3-D" actress Armstrong
  - 52. Get to work on Time?
  - 53. Contemporary of 37-Across
  - 54. Opine online
  - 56. "You've got mail" co.
  - 57. Gives the green light

#### Advertise with the Fullerton Observer

click on the Advertise tab to see prices and deadlines at

#### www.FullertonObserver.com

or Email Ads@FullertonObserver.com

Reach 10,000 households and 69,000 online viewers.



# HIGH SCHOOL BOARD HIGHLIGHTS & Commentary by Vivien Moreno

The Fullerton Joint Union High School District Board More information: (714) 870-2800 or www.fjuhsd.net

#### FEBRUARY 14 MEETING

At the February FJUHSD Board meeting, four trustees (not in attendance, Dr. Chester Jeng) heard an update on the new Ethnic Studies class first offered in the 2022/23 school year. In addition, the Board celebrated Career Technical Education and school counselors and announced the FJUHSD staff of the year.

#### ETHNIC STUDIES COURSE UPDATE

Education Director Steve Zamora and Social Sciences teacher on special assignment, Sharon Hollon, updated the Trustees on the new, legally required Ethnic Studies course created according to Board Policy 6514.11 (d).

The Board approved class covers four ethnic areas of study, looking at each group through the lens of cultural sensitivity, awareness, understanding, celebration, and unity.

The stakeholder planning group pre-

sented their unified vision of the course last spring (Observer, April 2022).

Now, a teacher committee is refining and reviewing units covering Latino, African American, Asian American and Pacific Islander, and Indigenous Peoples. Using vetted and what Ms. Hollon calls "intentional resources," these open-sourced materials come from Stanford, the Public Broadcasting Service, and the Library of Congress to expose the cultural, historical, political, economic, and social movements of each group.

Mr. Zamora and Ms. Hollon announced that all seven school sites would offer one or more sections of the course next fall. In addition, the teaching committee quarterly reviews the curriculum, resources, and activities.

At the same time, student and teacher surveys concerning the relevancy and value of the material will continue to refine the effectiveness of the course, where both students and teachers share knowledge and a greater understanding of different ethnic cultures in an academically professional setting.

Recent student survey responses include, "It's great to learn about different types of culture. This helped me become more open-minded, diverse, and less biased." Another student said, "It was very interesting, and we learned a lot of important information that needs to be taught so the histories of these cultures are not forgotten."

The trustees appreciated the continual teacher review and the survey outcomes and looked forward to hearing more about the refinement of the new Ethnic Studies course.

The Certificated and Classified employees of the year:

——BPHS——
French teacher, Kimiko Mann
Custodial groundskeeper,

Mike Chesmore

——FUHS——
Social Science teacher,

Mark Henderson and Senior Records Clerk, Irene Nonesa

Science teacher, Matthew Fritter and LVN, Stephanie Valenzuela

Special Education teacher,
Charlotte Dobyns

Charlotte Dobyns and Guidance technician, Dennia Reyes

Health Science teacher,
Tamara Barbarovic
and Senior Account Clerk,
Leticia Lacuesta

-SHHS

**-LVHS**-

French teacher, **Karen McClung** and Senior Records Clerk,

Crystal Cano ——TRHS——

Bio-Science teacher,
James Kirkpatrick
and Library Technician,
Iliana Garcia

<u>DISTRICT OFFICES AND GROUNDS</u> Ground Maintenance technician,

Steve Grosso
Bus Driver, Juan Carlos Luna
Personnel technician, Luke Aiello

Next FJUHSD Board meeting March 14 at 6 pm.

#### SWIM LESSONS

THE AUSTRALIAN
SWIM SCHOOL OFFERS:

- Year round indoor pools
  - OPEN 7 DAYS
  - 3 months to adult
- Baby-Preschool specialist SAVING LIVES SINCE 1977





#### (855) SWIM2DAY AUSTRALIAN SWIM SCHOOL

(inside Meridian Health Club) 1535 Deerpark Dr. Fullerton CA 92831

www.australianswimschool.com



Students (ages 6 to 18) can ride the OC Bus to school, sports, work, and other activities FREE through the Youth Ride Free program.

Youth Free Ride passes are available from your child's participating OC school. This Youth Ride Free pass will be valid until **September 30, 2023**.

Learn how easy it is to use OC Bus, including how to plan a trip and read a schedule, at *OCbus.com* 

Questions about the Youth Ride Free pass or how to use OC Bus?

Visit *OCTA.net/YouthRideFree* or call OCTA's Customer Information Center at (714) 636-RIDE (7433). We're happy to help. Available weekdays (7a – 7p), weekends (8a-6p), & holidays (8a-5p).





#### Teen Observer by Francine, 11th grade

#### **Inclusivity: The Real Reason** Behind the "Woke" Movement

In our hugely polarized society, if there is

one word that is heavily politicized, it is the term "woke." I have always been curious about the ideology behind this word because it seems to be so controversial. It can provoke an overreaction in some people, especially the politicians who do not support this ideology. It also suggests a negative connotation when used to describe those who subscribe to it. I know almost nothing about the term "woke" except the faint idea that this originated from the black minorities in our country and in commemoration of the Black History Month this February, join me as I share the surprising facts I learned about this word below.

According to the Merriam-Webster dictionary, "woke" is a slang word that is used as an adjective referencing awareness or vigilance to issues concerning racial and social justice. It is also used to refer to those who claim to support this ideology and promote it on their social media but their everyday conduct does not reflect this ideology (fake woke). To those who do not support this ideology, the term "woke" is used sarcastically to refer to extreme liberal political ideology (a.k.a. progressivism).

This ideology traces its origin exactly 100 years ago in 1923 when a black publisher and political activist, Marcus Garvey, introduced the call out "Wake Up Ethiopia! Wake up Africa!" to promote social and political awareness for global black citizens.

In 1938, the term "woke" was first used by Blues musician Huddle Ledbetter (a.k.a Lead Belly) when he

advised a group of black teenagers accused of raping two white women in Scottsboro, Arkansas, "best stay woke, keep their eyes open." Lead Belly wrote the protest song "Scottsboro Boys" to describe the teens' ordeal.

The 2014 police shooting of Michael Brown in Ferguson, Missouri led to the mainstream use of the phrase"stay woke" to promote vigilance against violence inflicted on the black community.

Social media helped popularize the word "woke" and was associated with the Black Lives Matter (BLM) movement founded in 2013.

Amid the controversies associated with the "woke" ideology that was originally intended to advocate for racial and social justice, the closest I can relate to it is finding out that this year my high school has added a new course referred to as "Ethnic Studies" that is a mandated course for Class

The 2022-2023 course packet distributed last week indicates that "the focus of Ethnic Studies is to encourage students to have a better cultural understanding of American racial and ethnic diversity as well as how different American ethnic groups have both struggled and worked together " As a multiracial high school student, I am grateful for this development because I am more than open to educate myself on the diverse cultures that are celebrated not only internationally but also within our community. I cannot help but celebrate the fact that the Ethnic Studies is a key accomplishment of the "woke" movement.

#### Did you know? by Erin, 8th grade

#### "Our Brain Can Be Tricked to Learn More"

In his Ted Talk, famous YouTuber Mark Rober showed the results of 50,000 people attempting a coding puzzle he posted. There were two different kinds of outcomes — one said, "Try again," while the other outcome said, "You lost 5 points. Try again." Those who got "try again" made an average of 12 attempts, and the success rate was 68%. On the other hand, those penalized for each unsuccessful trv only took five attempts, and their success rate was 52%. People in the nonpenalty group had a better success rate because of "shifting the focus from failing to sticking with a task and learning more."

A similar example is how toddlers

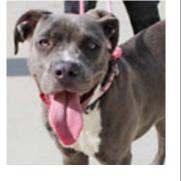
learn to walk. They are not punished if they fall, but they remember not to repeat what they did when they fell. Mark Rober explained how "the focus and obsession are about succeeding, not how dumb you might look if you fall." Additionally, he pointed out how if you reframe challenges in a more fun way, it can make a difference. To make his point, he presented a drawing called "expectation," in which a character on a bike is on a straight path to the finish line. Another drawing called "reality" is full of pits and obstacles. He says if life were a game, the version called "expectation" wouldn't be as fun as "reality." He asks, "Where's the risk and the reward? Where's the challenge?"

#### Featured Pet by Rosie, 6th grade



#### Meet Rosebub

A ten-month-old Mastiff filled to the brim with energy, meet Rosebud! She is an excellent hiking, walking, or running buddy! Properly mannered and elegant, if you decide to welcome Rosebud into your home—you won't regret it. (Someone else is going to adopt her if you don't ... right now)



Animal ID#: A1788788 Call (714) 935-6848 to schedule an appointment today! (Walk-ins welcome) Or visit ocpetinfo.org

#### View Point by Irene, 11th grade

# **Reproductive Justice**

Court decision to

overrule the landmark, Roe. v Wade case, — ending the constitutional right to abortion in the country — studies revealed increased interest in male contraceptives. The National Institutes of Health [NIH] first initiated male contraception development in the U.S. during the early '70s — nearly 50 years after the first modern female contraceptive studies. But with only two formally approved methods of male birth control — condoms and vasectomies — available in the market, cisgendered men are left with few options to pursue safe sex.

With a market targeted largely to the audience, contraceptive female accountability lies almost exclusively with women. In other words, in a relationship between cis-gendered, heterosexual partners, the lack of male birth most pressing issues of the 21st centucontrol options forces women to ry.

In light of the June assume most, if not, all responsibility 24, 2022, Supreme for the physical and financial burdens of family planning, while limiting men's reproductive autonomy and raising the risks of unintended pregnancies. Based on a poll conducted by SingleCare, approximately 72% of sexually active men and 74% of sexually active women believe that both partners should be equally responsible for birth control. In a post-Roe era where the lack of women's reproductive rights remains a grim reality, by increasing federal funds for male reproductive studies and contraception development, the government can empower men and women, alike, to pursue healthier and safer sex options.

> As an advocate of reproductive healthcare rights, I think it's critical that we engage in proactive conversations while urging our government's leaders to take a stance on one of the

#### **Historical Perspective** by Mateo, 9th grade

#### **Presidents Day:** 233 Years of History

The United States of America has quite

a history of presidents. From George Washington in 1789 to Joe Biden in the present day, each president has made noteworthy contributions (and roadblocks) to the development of our country. To honor our American presidents for what they have done for our country, we celebrate Presidents' Day each year on the third Monday of February. Created to recognize George Washington and Abraham Lincoln, as both of their birthdates fall close to the day, it has now expanded to celebrate all past and present U.S. presidents. Here is a history of how this federal holiday came to be.

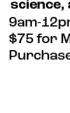
The roots of Presidents' Day stem back to the beginning of the 19th century. George Washington, born on February 22nd, passed away at the turn of the century. In remembrance of the great war general and president who was at the time (and arguably still to this day) the most prominent figure in American history, many citizens began to honor his accomplishments and achievements every year on his birthdate. Significantly large celebrations commenced in 1832, the hundredth anniversary of Washington's birth, and in 1848, the year the Washington Monument began construction. However, it was not until 1862 that his birthday was officially recognized as a national celebration. President Abraham Lincoln first created the proclamation that celebrated the yearly anniversary of Washington's birth, and 17 years later, Congress turned it into a federal holiday. The most recent legal change to the celebration came in 1968 when President Lyndon B. Johnson made it so that its date would occur yearly on a Monday. Although the government officially knows the holiday as "Washington's Birthday," it has grown quite a bit over the last century and a half to incorporate several different meanings. Abe Lincoln, whose birthday comes about a week before Washington's, is also commonly celebrated on President's Day. People are also keen to celebrate veterans and soldiers on this day, especially those who have received the Purple Heart, an award given to soldiers wounded in

#### KIDS EDUCATION AT THE FULLERTON MUSEUM



NATURE

Wednesday Studio Explore different art styles and techniques while learning about art movements throughout history! 2pm-4pm, Grades 1-3, March 1, 8, 15, 29 \$35 for Members, \$40 for Non-Members Purchase includes all dates and materials



Explore the beauty of nature with art, science, and biology this spring break at FMC! 9am-12pm, Grades 3-6, March 20th-24th \$75 for Members, \$80 for Non-Members Purchase includes all dates and materials





#### HITS & **MISSES**

by Joyce Mason © 2023





#### **ALL QUIET ON THE WESTERN FRONT: Two Hits**

Produced by Netflix but made in Germany, "All Quiet on the Western Front" uses spoken English and subtitles. The story is based on the 1929 novel by Erich Maria Remarque, which was made into a movie in 1930, starring Lew Ayers. A television version appeared in 1979, featuring Richard Thomas. This third screen version, directed by Edward Berger, is one of the ten films of 2022 nominated for an Academy Award.

Many films have dealt with the horrors of warfare but none more effectively than this. It is notable that Berger started work on "All Quiet" just weeks before Putin ordered Russian soldiers to march into Ukraine, causing a ground war with its inevitable death and destruction, not seen in Europe for the last seven decades.

"All Quiet" opens in 1917 as we see young men lined up for conscription into the German Army. We realize just how young most of them are when they provide a birth date of 1899. Among them is Paul Baumer (Felix Kammerer) whose expressive eyes reflect pride in the endeavor he is about to undertake. When he is given a package containing the uniform he will wear, he tells the officer there must have been a mistake because someone else's name is on it. When he is encouraged to keep it, we in the audience are aware that the cleaned and mended uniform had probably been worn by a soldier killed in combat.

Paul marches to war with enthusiasm for the combat ahead and with a strong sense of camaraderie for the men in his unit. As they reach the front lines and are faced with constant enemy bomtrenches, the scarcity of food, the choking before gasmasks are strapped, the cries from wounded and dying

men—we see the feelings of valor and heroism dissipate. One of Paul's duties is to collect the dog tags from his many fallen comrades. Only youth and optimism keep him going.

Burger cuts from the horrific battlefield scenes to the finely appointed office of Chief Marshal Ferdinand Foch of France, where he is meeting with Germany's armistice commissioner Matthias Erzberger (Daniel Bruhl). The two men in full-dress uniforms dine on food prepared by chefs and sip choice wines as they discuss terms of surrender. Foch gives Erzberger a 72-hour deadline to cease fire and to return the land they have seized. Those 72 hours are played out by soldiers in both armies shooting at one another, running tanks over trenches, throwing grenades of fire, even using knives in hand-to-hand combat. One soldier jabs a knife into his own throat rather than live with his leg amputated.

When the 72 hours have transpired and Field Marshal Foch meets once again with Commissioner Erzberger, the latter commits to a surrender and asks for the war to end on the 11<sup>th</sup> hour of the 11<sup>th</sup> day of the 11<sup>th</sup> month, 1918. During the few remaining hours of war, some of the men in the field continue to fight, even with a renewed energy so that they will not have served without honor.

During these months of combat, Paul and his closest comrade, Katczinsky (Albrecht Schuch), have forged a friendship and prompted by pure starvation they help each other in a lighthearted escapade to steal a chicken they are hungry enough to eat raw. But bardment, the mud and muck of the Berger does not allow us to enjoy this moment for long.

"All Quiet on the Western Front" is streaming on Netflix.

Two Hits: Don't Miss it! A HIT & A MISS: You Might Like it. Two Misses: Don't Bother.

#### **Fullerton Friends of Music** presents

#### Black Oak Ensemble

on Saturday, March 18 at 3:30 pm at Wilshire Ave Community Church 212 E Wilshire Ave, Fullerton

All concerts are free.

fullertonfriendsofmusic.org (714) 993-0326 or (562) 691-7437



#### FRI, SAT, SUN through February 26

• 8pm & 6pm: Misery: Misery follows successful romance novelist Paul Sheldon, who is rescued from a car crash by his "Number One Fan," Annie Wilkes, and wakes up captive in her secluded home. While Paul is convalescing, Annie reads the manuscript to his newest novel and becomes enraged when she discovers the author has killed off her favorite character, Misery Chastain. Annie forces Paul to write a new "Misery" novel, and he quickly realizes Annie has no intention of letting him go anywhere. The irate Annie has Paul writing as if his life depends on it, and it does. RATED ADULT, not appropriate for under 13 Tickets \$15 - \$30

**Maverick Theater** 110 E Walnut Ave, unit B, Fullerton (714) 526-7070 mavericktheater.com

#### Thurs, Fri, Sat March 9, March 10, March 11 • 7:30pm: IN THE HEIGHTS

In the Heights tells the universal story of a community on the brink of change.

#### **Fullerton College**

321 East Chapman Ave Buy tickets in person only at the corner of Chapman Ave and Lemon St, adjacent to the entrance of the Campus Theatre (1300 Building).

#### WED & THURS **February 22 & 23**

• 9:30am, 12:30pm, & 7pm: The Outsiders: The Outsiders is seen through the eyes of Ponyboy, a Greaser on the wrong side of life who is caught up in territorial battles between the have- it- made rich kids, The Socs, and his tough, underprivileged family and friends.

La Mirada Theatre

14900 La Mirada Blvd La Mirada Box Office: 562-944-9801 www.lamiradatheatre.com



Friends of Jazz, Inc.

# Mardi Gras

Sunday, March 19, 5 PM

The Velvet Rose, 300 S Flower St., Orange



#### Featuring:

Cal State Fullerton Jazz Orchestra **Fullerton College Lemon Street Stompers Fullerton College J-Train** Parade, Coronation, Silent Auction, Dining and Dancing

We're celebrating our 24th year. Help us Keep Music in the Schools for the next 24 years!

Friends of Jazz, Inc. is a nonprofit educational organization. We provide music programs, scholarships and financial assistance. Come join us. If you can't, donations are always appreciated. Our annual Mardi Gras, plus memberships, donations, and grants finance:

- Fourth-Grade Music Improvisation Programs (reaching more than 1,500 students annually)
- Area High School Jazz Bands and Vocal Jazz Concerts
- Scholarships (high school, community college, university)
- Concerts and Community Events (Mardi Gras, RagFest)

PO Box 5671, Fullerton, CA 92838-0671 www.friendsofjazzinc.com Nick Batinich (714) 525-6669 Colleen Wadsworth (714) 273-7504 nickbatinich@sbcglobal.net jazzycolleen@aol.com

THURSDAY, FEBRUARY 23 • 7:30pm: Zachary Seifert-Ponce: A classically trained musician, his reper-

toire also includes traditional and modern Flamenco. Zachary graduated from Pacific Union College with Honors in 2016 and was inducted to the National Music Honor Society. \$35

The Muckenthaler Cultural Center 714-738-6595 | info@themuck.org 1201 W Malvern Ave, Fullerton





#### **Show runs until Mar 31 Groundbreaking Women** by ALLISON ADAMS

Gallery Hours: Monday-Friday: 10am-5pm \*Saturday-Sunday: 12m-4pm Ticket Price: \$5

Painter Allison Adams, founder of Groundbreaking Girls, inspired by her female subjects growing up, extended her research and found strength and empowerment in the stories of trailblazing women. Her award winning "Cloud of Witness" short film is an educational accompaniment.

The Muckenthaler Cultural Center 714-738-6595 | *info@themuck.org* 1201 W Malvern Ave, Fullerton

#### Art Walk at ModelMania by M. Kerr

We walked into a "Space Ship" on Friday evening February 3. We were greeted by Emily, space suited in white! We roamed the aisles of boxes containing models to make. Like Airplanes etc. among other curious objects at the Magoski ModelMania in Fullerton.

There was, in a secluded corner, an assemblage art exhibit by John Sollom. I liked the woodcuts hung in a hallway, by Emily Heller. As we walked further into the space we discovered other artists work hanging or leaning against

Mid-evening, around 7pm, Al Garcia mounted the makeshift stage with his guitar to play and sing folk songs. The sitting and standing audience enjoyed his music, dancing or clapping to his

There was a small section featuring books by Sci Fi author Phil Dick. Around 8pm, Jesse LaTour presented a PowerPoint talk reviewing the author's life. Dick was brought to CSUF by professor Will McNelly. Jesse's lecture was very informative about Dick's "spacy" mind and life.

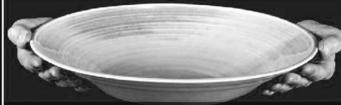
"Astronaut" Hosts suited in white space uniforms circulated among the



M. Kerr and Emily Heller at ModelMania on Commonwealth during Art Walk

visitors to answer questions or give directions. This Modelmania "spaceship" evening is planned for the first Friday of each month. Perhaps other Fullerton establishments can join the first Friday "Art Walk" with their own music and art.

# Empty Bowls



Meals on Wheels Fundraiser Saturday, March 4, 2023 11am-1pm

\$30 (No Reservations Needed)

Contact: Carol Pankow 714.766.9027 or carolpankow@gmail.com

St. Paul Lutheran Church 111 W. Las Palmas Dr., Fullerton



international grass roots effort to fight hunger. Guests are invited to a simple meal of soup & bread donated by local restaurants in exchange for a \$30 donation & keep the local potter handcrafted bowl as a reminder that they have helped feed a low-income homebound Fullerton resident.

Empty Bowls is an

#### Friday, February 24 at 8pm Rodolfo Zùñiga Trio +1 featuring Bill Cunliffe, Derk Oles & Jeff Ellwood

Drummer and composer Rodolfo Zuniga is a sought-after sideman and educator originally from San José, Costa Rica. He has shared the stage with Gary Campbell, Ira Sullivan, Bill Mays, Silvano Monasterios, Tomasz Dabrowski, Stephen Scott, Troy Roberts, Roxana Amed, Martin Bejerano, Jonathan Kreisberg, Benny Golson, and Slide Hampton, to name a few. Tickets: \$10 / \$8 Titan Price

**CalState University Fullerton** Meng Concert Hall 800 N. State College Blvd., Fullerton (657) 278-3371

#### Sunday, February 26 at 3pm **University Symphony Orchestra** with Pingwen Lin, piano MA **Student Concerto/Aria**

Pomp and Circumstance No. 1 Piano Concerto No.2 in G minor, Op.22 (1st movement) Mississippi Suite Florence Price: Symphony No. 1 Tickets: \$10 / \$8 Titan Price

#### **CalState University Fullerton**

Meng Concert Hall 800 N. State College Blvd., Fullerton (657) 278-3371

#### Tuesday, February 28 at 8pm **HEX and CSUF New Music** Part of the 22nd Annual **New Music Series "Out of Doors"**

HEX is an award-winning contemporary vocal sextet based in Los Angeles. Features critically-acclaimed singers who have been featured soloists with LA Opera, LA Philharmonic, Long Beach Opera, The Los Angeles Master Chorale, and Industry Opera.

Guest Artist Recital | Tickets: \$10 / \$8 **CalState University Fullerton** 

Meng Concert Hall 800 N. State College Blvd., Fullerton (657) 278-3371

#### Thursday, March 2 at 8pm Angela Cheng, piano

Consistently praised for her brilliant technique, tonal beauty, and superb musicianship, Canadian pianist Angela Cheng is one of her country's national treasures.

Guest Artist Recital | Tickets: \$10 / \$8 **CalState University Fullerton** 

Meng Concert Hall

800 N. State College Blvd., Fullerton (657) 278-3371

#### Friday, March 3 at 4:30pm **LOCAL AUTHOR Linda Saslow: BOOK SIGNING**

See You Zen is a novel intended as a casual beach read to pick up and finish in a weekend. There will be refreshments.

#### **Half-Off Books**

141 W Wilshire Ave Ste A, Fullerton 714-770-0600 halfoffbooks@gmail.com

#### SATURDAY, MARCH 18

• 2 pm: LA Times columnist Gustavo Arellano will give a talk on Orange County history. Open to the public. Free (including free parking).

**CalState University Fullerton** Pollak Library

800 N. State College Blvd., Fullerton (657) 278-2721

#### Certified **Farmers Market**

#### Every WEDNESDAY •8:30am-12:30pm:

It is small, BUT they have the best avocados, apples, oranges, lemons, strawberries, honey, nuts and tamales!

**Fullerton Community Center** 340 W Commonwealth Ave

No farmers . . . No food! Support local farmers!

## THE LAST SHOW AT MO'S CAVE

LIVE MUSIC BY TOTTENDANSE, HOLLOW BONES, AND REAPER AND THE SOWERS ADDITIONAL TUNES PROVIDED BY D.J. FRACTAL AND FRIENDS

> FRIDAY MARCH 3RD **6РМ ТО 9РМ**

COME CELEBRATE WITH US BEFORE OUR MOVE

Mo's FULLERTON MUSIC 714-871-1805 121 N HARBOR BLVD. FULLERTON, CA

FIRST FRIDAY OFEVERY

DOWNTOWN FULLERTON





Brea Arovista Park sign from Imperial Highway

#### Video *Observer*

by Emerson Little © 2023

Visit Emerson's YouTube Channel For More



has a lot of

room for

recreational

activities for

all age

groups and

ADA

compliant.

#### **Arovista Park in Brea:** Changes with the Times

After recent rains in January, a stretch of Brea Creek running through Arovista Park was filled with flowing water. The waterway divides the two different sections of the public park, located minutes away from Fullerton. A bridge above the creek joins them together. With one entrance at Imperial Highway and another on Elm Street, Arovista Park in Brea is relatively easy to locate, and one of the larger community spaces in the city. It also happens to be part of the City of Brea's latest renovation project, which includes an all-abilities playground.

The land that would eventually become Arovista Park has an interesting history. According to Linda Shay, Executive Director and Curator of the Brea Museum and Historical Society, the land was originally donated to the City by Union Oil in 1939. "It took many years before actual work would begin," said Shay via email. "In 1953, the City petitioned the County to deal with the flood control, which was an issue that held up park construction for years."

Shay explained that on March 21, 1955, the Brea Parks and Recreation Commission presented detailed plans and blueprints to the City Council, and in 1956, the community held several contests to name the park. "Portola was a popular choice, but it was decided that too many folks would mispronounce the name; people still mispronounce it today," said Shay.

After a very long series of starts and stops, Arovista Park was dedicated on July 24, 1964. According to the Brea Museum and Historical Society, renovation began in the mid-1980s and was completed in phases. The last phase was the planting of the Jubilee Grove, 75 trees planted to celebrate the 75th anniversary of the City of Brea. The park's last major renovations were completed in 1992 with a rededication ceremony held on December 5th, 1992. Unfortunately, the majority of the trees that were planted back in the Nineties have not survived. Luckily, new renovation plans call for a replanting of 75 trees in the park's Jubilee Grove.

Located in a historic neighborhood adjacent to the Brea Senior Center and just north of the Brea Creek Golf Course, the now 14-acre public grounds are well-maintained, and mostly known for their skate park. However, I also remember Arovista Park having a lot of free community events. Many years ago, I used to attend free summer movie screenings in the outdoor amphitheater with my family. Volunteers would set up a large projection screen on the wide stage, and display child-friendly films for North Orange County residents to see. Parking was and still is available at two ends of the park: there's a neglected lot at the north end (accessible from West Imperial Highway), and a safer, more populated parking lot near the community center on the east side (accessible from West Elm Street). I would recommend using the parking area nearest to the community services buildings if you plan on visiting.

Featuring play equipment, barbeques, picnic tables, restrooms, baseball/softball diamonds, basketball courts, a volleyball court with a sandpit, soccer fields, and the outdoor

amphitheater, Arovista Park has a lot of room for recregroups. A wheelchair ramp allows for easy access into the park from the lot next to the senior center. There's also a set of steps that start at the corner of W. Elm Street and Sievers Avenue that lead downhill directly to a playground. Positioned in a large sandy area, the current orange and blue painted play equipment is great for children.

The playground has a lot of space for kids to climb, swing and have fun, and also happens to be located close to a set of restrooms.

According to the Arovista Park page on the City of Brea's website, as part of their new modernization project, the City is planning to add "the first allaccessible playground in North Orange County, which will provide an opportunity for children and adults of all ages and all abilities to have a safe space to play and enjoy the outdoors." Looking at the "modernization concept" map on the website, it appears that the renovated playground will include new swings along with a hill slide zone and an inclusive play structure with upper and lower access. The planned playground will be larger than the current one and located next to a newly planted tree circle. It also looks like more natural, and structural shade will be added to the area, according to the park concept map. "The recent approval for another major renovation at Arovista...will be extraordinary including an all-abilities playground," said Linda Shay.

Jenn Colacion, Senior Management Analyst in the City of Brea's Community Services Department, explained that the renovation project really started with the community's interest in a unique and all-accessible playground. "Our interest in working with landscape architect David Volz Design was to include multi-sensory features and play equipment that will



Arovista Park outdoor amphitheater

excite the minds of users of all ages and abilities," she said. "We also wanted a play area that is completely unique to this park site, integrating the park's natural slopes in the playground

Following the paved sidewalk from the current playground, down a short set of steps next to a large grassy section, I found a bunch of picnic benches that were spaced out and located close to the outdoor concrete amphitheater. Modestly-sized barbeque grills could be found nearby. When I visited near the end of January, a paved walkway on the other side of the picnic tables followed an open flood channel filled with water from Brea Creek. The path started near the parking lot, wound its

way behind the skate park, and followed the waterway, ational activities for all age Arovista Park passing by an elongated bridge before continuing onwards to a sand volleyball court. It was at this point that the sidewalk circled back around, past a long basketball court before reaching the playground area and restrooms.

A bridge over Brea Creek met a dual trail meant for both bicyclists and people walking their dogs. On the overcast day that I visited the park, I

was able to peer over the side of the bridge and look down at ducks swimming against the current of the continuously flowing stream of water. As Anthony Robert reported for the Fullerton Observer back in September 2022, after passing south of Imperial Highway, Brea Creek runs right through the middle of Arovista Park. One side of the bridge leads to the part of the park containing the playground, amphitheater and skate park, while the other continues onto a paved pathway that takes park-goers two ways around large baseball and soccer fields.

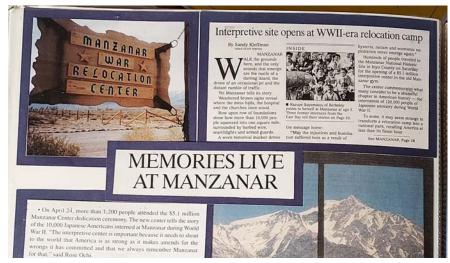
Continuing straight on the path *ci.brea.ca.us/ArovistaPark* 

across the bridge will take you behind some batting cages before curving behind the baseball field, past a scoreboard to a shaded area with a variety of trees. It eventually leads to a picnic grove area next to a set of bathrooms. During sports games, I assume that the concession stand is open. On the other hand, if you turn right and head north after stepping off the bridge, you can take a sidewalk that offers more scenic views of Brea Creek. Looking further down and over the fence, you can see several flood control tunnels that lead underneath Imperial Highway.

With connections to the City's downtown via the Tracks at Brea trail system, the 14-acre Arovista Park is worth visiting with family. I'm sure the City's new renovations to the park will help make it an even safer community space in which to enjoy the outdoors. Aside from the playground, other improvements include: brand new restrooms, upgraded sports fields and courts, a reimagined amphitheater for events and performances, four new pickleball courts, an enhanced Tracks at Brea trail to mirror the remainder of the 4.1-mile trail system (since Arovista Park is the official starting point of the Tracks at Brea Trail System), and active adult amenities, such as concrete ping pong and concrete cornhole games. The renovations are expected to take approximately 18 months, with a reopening anticipated for Fall 2024.

"Because this is a 30-year-old park site, other improvements made sense to include in the modernization at the same time and we're excited for the potential of Arovista Park becoming a landmark in North Orange County," said Jenn Colacion. "The remainder of the park improvements keep accessibility in mind as well, which is demonstrated throughout the concept plans." To find out more information and view the full visualization of what Arovista Park renovations will look like, visit











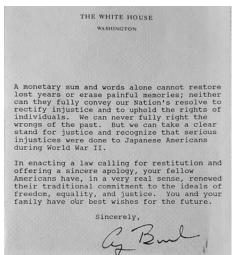


Photo Albums full of memorobilla show a beautiful life, full of family and friends. Some life long friendships were formed at Manzana.

#### A Red Rose for the Songbird of Manzanar by Sara Kil

The first

redress

checks for

\$20,000

and formal

letters

of apology

were

presented

to the oldest

surviving

detainees

in 1990.

"Manzanar: The Wartime Photographs of Ansel Adams" runs through April 9 at the Fullerton Museum Center. At the January 21 exhibit opening, I was honored to meet two people who were interned there with their families as children. There are many stories from the Japanese American internment camps. One such story is that of Mary Kageyama Nomura (often called the "Songbird of Manzanar" due to her love of singing), who shared her story and experiences with me.

Mary, now 97 years old, was born in Los Angeles. She learned to sing from her very talented mom, who owned a music school. She would sing popular songs like "Sentimental Journey" by Doris Day and wanted to be a recording artist. Mary would sing, and her sister would dance in performances. She also performed at Buddhist temples. Her father was a ceramist but died in 1929. Her mother eventually remarried but died during childbirth when Mary was only eight. Her older siblings took care of her from then on.

One day, when Mary was sixteen, notices appeared on telephone poles around town stating that all people of Japanese descent would be sent to internment camps. They could take one suitcase but had to leave everything else behind. They had six days to get things together and get on the bus for the long ride to Manzanar. The family sold some items, like their piano, for \$5. Other precious possessions, like photos, were stored at the Japanese school where the family thought they would be safe (though everything was gone on their return years later).

At Manzanar, they lived in uninsulated barracks furnished only with cots and coal-burning stoves. Residents used the common bathroom and laundry facilities, but hot water was limited. The camps were surrounded by barbed-wire fences and patrolled by armed guards who had instructions to shoot anyone who tried to leave. There were eight watch towers. The food was terrible - once, they had squid, and the

place stunk. Everything was dusty.

Shikata ga nai (or shō ga nai) is a phrase in the Japanese language that means letting go. It means accepting what you cannot change and doing your best to let it roll off your back, which is what they did.

Mary said everyone had a job at the camp. She was a receptionist. For fun, they would play baseball, practice judo, or organize musical events and dances where she would sing. Shiro Nomura, "the handsome guy," escorted her to the dances. She said she made true friendships during her experience at the camp. Luckily, they had the best doctors and nurses who would come to take care of the Manzanar people. The head doctor was Caucasian.

After a while at the camp, the military recruited all eligible men to serve in the war. Nearly 18,000 agreed. But those who didn't agree to go ended up in the penitentiary.

Mary's brother refused to serve in the army.

Centers were situated many miles inland, often in remote and desolate

After Manzanar was closed, Mary and Shiro were married on Sunday, June 10, 1945, in Pasadena, California. The couple opened a fish market and then a Japanese grocery in Garden Grove. They started small with Japanese food, then added Korean, Chinese, Filipino food, and a gift shop. It was successful and popular.

Mary is the mother of five and the grandmother of twelve. Her husband, Shiro, passed away in 2000. She is a fantastic chef (she makes Hom Yu, the infamous Chinese dish served back in the day at Little Tokyo Far East Cafe) and enjoys gardening. She designed blouses with materials from Japan and loves red roses and butterflies. An annual Manzanar reunion each August meets at the California Hotel and Casino in Las Vegas.

There are parts of American history that we should remember and draw les-

sons from. What does it mean to be an American? How did the U.S. government allow the Japanese internment camps to happen? People need to know what happened so that it never happens again.

Following Japan's attack on Pearl

Harbor, the American government forcibly relocated thousands of Japanese Americans to detention camps. President Franklin D. Roosevelt, through Executive Order 9066, established the camps in 1942. Over 120,000 Japanese American citizens were housed in ten camps between 1942 and 1945. The government's long history of racism and discrimination against Asian immigrants and their offspring reached a boiling point, culminating in that action.

The majority of the internment camps were in western states, with Manzanar, near Lone Pine, California, being the first facility to open. The

centers were situated many miles inland, often in remote and desolate locales, and included Tule Lake and Manzanar in California; Minidoka, Idaho; Topaz, Utah; Heart Mountain, Wyoming; Jerome and Rohwer,

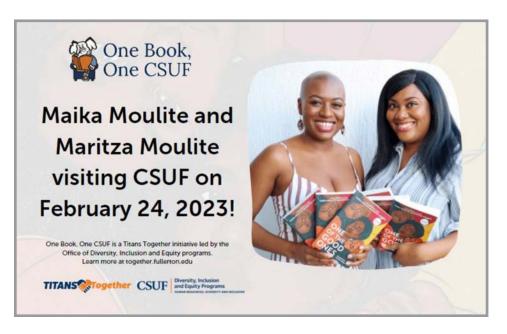
Arkansas; Poston, Arizona; and Granada, Colorado.

Over 145 Japanese Americans died at Manzanar. Some were sent back to their hometowns for burial, while most were cremated in the Buddhist tradition. Fifteen victims were buried in a small area of land next to the camp's perimeter fence.

After the camps were closed, Japanese Americans from seven Internment camps met to create a policy to seek federal reparations and apology for losses incurred by those detained. A lengthy battle spanning numerous administrations ended when the final Civil Liberties Act HR 2991 was signed into law by President George H.W. Bush in November 1989. The first redress checks for \$20,000 and formal letters of apology were presented to the oldest surviving detainees in 1990. Two years later, Congress expanded the bill to include 20,000 additional survivors.

For a description of the long fight for apology and reparations visit: https://history.house.gov/Exhibitionsand-Publications/APA/Historical-

Essays/Exclusion-to-Inclusion/Redress/
Call the Fullerton Museum Center at 714-519-4461



#### **AT HOME** WITH THE HOMELESS

by Andrew Williams © 2023



#### From sidewalk to shelter to housing.

Wait, for now. Distrust everything, if you have to. But trust the hours. Haven't they carried you everywhere, up to now? -Galway Kinnell

The transition from a homeless shelter to housing can be long, frustrating and rarely easy. But it is the solution to the problems of homelessness, mental disability and financial instability. Mental disorders, including addictions, can lead to homelessness and be exacerbated by it. Until you treat the root causes of homelessness, personal instability will continue to be an issue that will impede permanence in housing and employment. And while having a physical residence is not necessarily a requirement for work, it can be useful in many other ways for getting help.

This is not to say all homeless people have mental health issues. Many do not. Sometimes, you get unlucky: you lose a job, a spouse, a house, all within a short period of time. Losing any of these can be devastating. Losing two or all three at once is overwhelming. But it can happen. It does happen. And getting back up can be the hardest thing a human being can do.

Orange County have recognized the need to house the unhoused and to supplement that housing with mental health and financial counseling. Here are some of the programs that have been created to address this issue, some standalone, some part of umbrel-

**HOPE Center (Homeless Outreach** and Proactive Engagement): Having seen these folks in action, I can attest that their aims are honest and without the pressure of compliance from any authority. HOPE's main objective is to get the right people together with needed resources ASAP. In other words, instead of the homeless person having to repeatedly call three or four or twelve different shelters or agencies, HOPE volunteers coordinate with local shelters and medical resources to get help to homeless individuals in a short amount of time.

Basically, if you're on the sidewalk, a HOPE volunteer will approach you, To that end, local governments in identify themselves and their agency,

and ask if you are OK. If you answer in the negative, the volunteer will inquire as to whether you need housing, financial assistance, medical assistance, or all of the above. If you answer in the affirmative, the volunteer will take your basic information and send out referrals to shelters, etc. As soon as they get a hit, they will notify you by phone or in person (if you don't have a phone) that services are available if you still need them. Again, no pressure is put to bear: no hovering law enforcement or EMTs waiting to swoop down on you. (Trust me, that is a legitimate fear.)

ochopecenter.com | 657-253-7053

Home Safe: The Home Safe Program was created in 2018 to prevent or address homelessness in order to support the safety and housing stability of individuals involved in Adult Protective Services (APS), and individuals in the APS intake process who are experiencing or at risk of homelessness. This program offers a range of strategies to address and prevent homelessness and support ongoing housing stability for APS clients, including housing-related intensive case management, housing-related financial assistance, deep cleaning to maintain safe housing, eviction prevention, landlord mediation, and more.

cdss.ca.gov/inforesources/cdssprograms/housing-programs/ home-safe-program

And I would be remiss if I didn't mention at least one of the recent shelter openings written about in the Observer. There is a temporary cold weather shelter now open in Fullerton– a coordinated effort of HOPE, PATH (People Assisting the Homeless) and the Fullerton Police Department. Although it will only operate until March 31, we all know that cold weather, even in CA, can be hard to cope with physically and psychologically. You can call 657-520-9185 for more information. There will be a daily shuttle between the shelter and the Fullerton Transportation Center (FTC) at the corner of Harbor and Orangethorpe. Walk-ins are not permitted, but onsite food, bathroom facilities and recovery service will be available. Also, for those of us with support animals, domestic pets are allowed.

This is a sampling of the resources available. It still does not translate into picking up a phone, making a call, and having a warm meal and a warm place to sleep by the end of the day. And it requires trust: trust that the friendly person who approaches you on the sidewalk can deliver what they promise. But when you're at the bottom, there's nowhere to go but up. And if that means baby steps, then I hope you find the courage to take them.

> Better days are coming... if we work for them.

#### **Fullerton Homeless Face a Myriad** of Challenges by Kevin Curriston

Nathalie Merrill has been homeless, living in her SUV with her one-yearold Corgi since mid-December. Before that, she lived in Jacaranda, the upmarket 55+ senior complex on Rosecrans at Euclid, where the old Sunny Hills Racket & Tennis Club once stood. So how did she go from a 2-bedroom apartment at \$2700/month to this? It was a combination of factors.

Jacaranda does DNA testing of the tenants' dogs to identify and minimize dog excrement appearing on the grassy areas where people walk them. Nathalie's rambunctious young pop is a registered Care animal. She insists she always cleans up after her dog, Star. But urinating in the grass is what all dogs do. Jacaranda staff claimed the dog was a nuisance, urinated on the carpet inside the unit, and created a health hazard. But at the same time, the building she lived in had long-running plumbing issues and drains backing up. In addition, some construction issues left gaps where the sink was installed, leading to leaks and a growing mold problem.

Things went back and forth between on-site management, with a new lease drawn up, and finally, an eviction. She said that she was locked out of her apartment with all her ID, clothes, and belongings still inside.

Nathalie is a gregarious 61-year-old with a colorful personality and purple

highlights in her hair, setting off her blue eyes. She doesn't look like the stereotypical homeless person, haggard, with a vacant stare and dirty clothes. Unlike many with drug and mental health issues exacerbated by that lifestyle, she has neither, though she has some diabetes.

The Stanford Institute for Economic Policy Research Center estimates that at least 52% of the homeless in California are either severely mentally ill or addicted to hard drugs and need more care than just housing.

The Fullerton Observer's February 2023 issue had a cover story about the opening of a temporary cold weather shelter. And indeed, it's been cold sleeping in her vehicle with the dog these weeks.

The shelter is managed by People Assisting the Homeless (PATH) in cooperation with the HOPE Center and Fullerton Police Department. There is a daily 5 pm check-in and 7 am checkout with twice-daily shuttle pick-ups at the Fullerton Transportation Center and Harbor and Orangethorpe bus stops. Walk-ins are not permitted. Domestic pets are allowed. But the information number provided went straight to the answering machine, and the voice mail had not been set up when Nathalie called a couple of days

Nathalie had contacted Pathways of

Hope, and an intake appointment had been set up for February 15th. She was somewhat confused when she was told HOPE could get her in someplace right away. One of them had referred her to a low-income housing complex in La Habra, a city said to be less expensive than Fullerton. She applied there and hasn't heard back.

She's called 211 and gone through a long run around with more numbers to

When someone is homeless, making calls and keeping the phone charged is sometimes problematic. Living in the car, running out of gas, lacking the proper ID, and being chased out of shopping mall parking lots is another problem. Accessing information can be

Mercy House used to operate cold weather shelters at the Armory on Brookhurst, but that was closed down.

The Courtyard shelter, operated by Midnight Mission for four years, was closed without any public announcement. It once housed 400 homeless, but drug problems had been rampant there with in and out privileges. So the County opened a new, more restrictive Yale Navigation Center, which required a referral from police or health workers and doesn't allow residents to walk in or out.

Bridges at Kraemer Place in Anaheim is another shelter, but it tends to stay full and requires a police referral to get in.

A 150-bed shelter by the Fullerton



Airport was opened and is run by the nonprofit Illumination Foundation.

Orange County towns vary in support systems for the homeless; local police departments sometimes shuffle people onto the next city, shelter requirements vary (with some not even allowing residents to work), and there is no central clearinghouse for information. The Orange County Health Care Agency has changed websites and provides only sketchy information.

With the help of friends, Councilmember Ahmad Zahra, and HOPE, Nathalie and her dog Star were placed at a local Fullerton shelter. She now has a case worker helping her navigate and coordinate all the things she needs for long-term care. "I thought this was just overnight, but this place is doing things that I've tried six years to do. It was good to get a solid nights sleep," Nathalie said, "I can't thank the councilman and HOPE enough."

#### INDIVIDUAL & COUPLES THERAPY



Resolving issues from your past that block your future.

MICHELLE GOTTLIEB PSy.D., MFT, LPCC

305 N. Harbor Blvd. Ste 202. Fullerton 714-879-5868 ext 5 www.michellegottlieb.com

Listen to the **Student Run Podcast Observing Fullerton** 





#### **Letters to Editor**

#### BEWARE OF NEW SCAM

I got an email signed from a friend of mine. The message, which showed her actual email, said, "I'm in trouble and can't be reached by phone right now. I need help ASAP.

I thought it might be a scam so called her - but she did not answer the phone which got me worried. I emailed her back "what's going

Then I got what seemed like a return message from her - but I noticed this time it was from a "hotmail" address instead of her actual email.

That message said, "I have been trying to send my friend who has cancer a gift but my computer won't work. Can you buy me an Amazon gift card and I will reimburse you?"

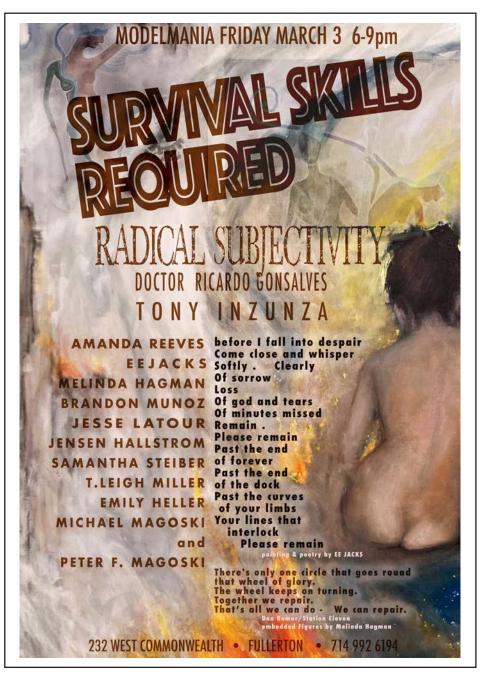
Of course, by then I knew it was a scam and was kicking myself for returning the original message. Also, I worried that the scammers may now have the addresses of all of my friends and might be contacting them pretending to be me.

I sent a message to everyone I have contacted recently confessing my error and of course reported the spam messages to my email provider's spam line.

Since that experience - though none of my friends have received a spam message pretending to be from me so far - one friend did say she has a friend who received a similar message. So beware - looks like the hackers may be using several authentic emails in attempts to run the scam.

Sharon Kennedy Fullerton





#### **Out of My Mind**

by Jon Dobrer © 2023 • JonDobrer@mac.com

#### The Balloons Went Up:

The Historical, Theological, Psychological & Illogical Reactions to Balloons

Since

before the

beginning

of recorded

history,

we have

looked

to the skies

-sometimes

in hope

of rescue

and other

times

in fear

of divine

wrath.

First there was the "Missile Gap" when the USSR was miles ahead of us in manufacturing ICBMs—or at least ones that flew and didn't crash and burn like our old Vanguards. There were also intelligence gaps—that were real because we didn't have people on the ground to gather intelligence.

Now we may have a "Balloon Gap" and the Chinese might be outperforming us and gathering intelligence from 40,000 to 60,000 feet. We shot down the first large balloon—as big as three school buses, we said. I don't know that there's enough intelligence (artificial or organic) on this planet to fill three school buses. Now we have shot down another three balloons with the debris landing in our icy waters and in Canada. (Trudeau did give us permis-

We're seeing more balloons than at the Iowa State Fair. Some might be spying. Some might actually be weather balloons. Others could be for bringing Wi-Fi to rural areas and belong to private companies.

There was a saying that came out of World War I, "The balloon is up." This meant that balloons were launched to spy on the enemy in their trenches. So, if this is spying, it's highly retro nostalgia.

What low flying balloons can do is hover over targets, take pictures, and intercept communications. Satellites don't linger. At normal altitude, they crisscross the globe at high speed and don't and salvation remain over any target for very long. We could put geosynchronous satellites up that remain over any given spot, but they are thousands of miles further from the ground and neither pictures nor signals would be as potentially

Since we don't know what these unidentified floating objects are, fantasy and a dose of paranoia sprout up. Could they be aliens from another planet? If so, it would be pretty embarrassing, to say nothing of a possibly fatal mistake, to shoot them out of the air. They may "have come in peace for all Martian kind" and might not appreciate being blown out of the sky with no questions asked. I'm confident that we wouldn't take kindly to being greeted on Mars with deadly hostility. Were we to take this possibility seriously, we should be asking the semi-theological question "What would (not Jesus but) Captain Kirk do?"

Since before the beginning of recorded history, we have looked to the skies—sometimes in hope of rescue and salvation and other times in fear of divine wrath. We have offered our prayers, sent burnt offerings into the air and entreated the gods to save us or at least be merciful towards us.

During perilous times we have projected our fears onto "little green men from Mars." Most analysts agree that during the Cold War with the Soviet Union, Mars (so red in color) was a metaphor for the USSR, and all those

"Invaders from Mars" symbolized our perceived threats from the USSR. Mars embodied the "Red Scare."

Today's balloons are setting off a different focus of fear towards different aliens, this time not from space as much as from Asia, the Middle East and, of course, from Latin America. Our Red Scare is considerably browner than the 1950s version. Already a bill has been introduced in Texas banning the purchase of property by non-citizen aliens—particularly Chinese.

While there can be a rational basis for keeping land adjacent to military installations out of the hands of any foreign government or its agents, banning by race and ethnicity indicates that we have learned little, if anything, from past acts of irrational and punitive xenophobia—from the Oriental Exclusion Act to the rounding up of ethnic Japanese (even American citizens)our record for justice, nuance and reasonableness is not encouraging.

> We jump immediately to fear and come up with draconian solutions that make matters worse. I'm reminded that when the Japanese economy was booming, they bought up lots of American realestate. Many objected at their ownership and worried that it would somehow diminish us. However, one of the truths of real-estate is that it is not portable. So, when the Japanese economy went into a deep and decades long recession, they were forced to sell their American holdings—not at the inflated price that their irrational exuberance had driven it to but as a kind of fire sale. Americans sold very inflated properties to Japanese investors and then bought them back at great discounts.

The United States and Canada have only benefited from the real-estate purchases by ethnic Asians and Asian citizens. Texas policy is not about security but our insecurity and Asia Phobia. It's much healthier to fear the Martians.

Finally for a semi-rational look at this hot air-driven controversy. China is spying on us. We are spying on them. We spy on our friends, and they spy on us. The old British maxim "Gentlemen don't read other gentlemen's mail," was bogus back in WWII and is bogus today. We have spy satellites watching China and they have spy satellites monitoring us. We've decided that it's ok from 200 miles up but not 60,000 feet. A little capricious and arbitrary and I'm ok with that, but put it in proportion and not in partisan politics.

Yes, our radar defenses were focused on fast-moving object at great altitudes. We feared ICBMs. Now we've adjusted our radar's focus to pick up balloons or other slow-moving objects. Fine. Just remember that nuclear and thermonuclear weapons are unlikely to be dropped one or two at a time from balloons. Balloons and floating drones are more likely to deliver takeout than to take out our cities with nuclear

#### Tree-Scarce South Fullerton to Lose More Historic Trees

The third closed session City Council meeting regarding selling previously unknown City surplus land to a private entity will be held Tuesday, February 21, at 4 pm. This land contains several dozen mature gum, pine, pecan, and even native coast live oak trees in a part of Fullerton that, ironically, will soon be the recipient of a significant grant to plant trees in an area with low tree canopy and resulting high heat areas.

We need these existing trees to soften the urban edge in a low-tree area. The previous land sold to the same entity resulted in the removal of many mature trees. Those, and the few remaining, were all planted in the same era as the Hunt Branch Library and Hunt Center trees, all of which are on the National Register of Historic Places. The land is next to an additional designated city historic property, the 1939 Norton Simon streamlined modern building, and is expected to be used for parking.

There may be other alternatives for the City to retain it. Still, public land cannot be sold to private entities without going through the "Surplus Land Act" process, where it can first be considered for open space and then for affordable housing.

For more information, call or text, asking for Heritage Trees Committee at 714-729-3019



Native coast live oaks

PHOTO BY JENSEN HALLSTROM

#### "By Right" Up-Zoning Will Change Fullerton Forever:

#### City to Decide on Fast-Tracking Over 24,000 High Rise Units with 90% at Unaffordable Prices

by Jane Reifer, chair of Friends for a Livable Fullerton, former Fullerton Redevelopment committee member

Maybe you were born here, or perhaps you moved to Fullerton for the same reasons I did; diversity of people, income levels, trees, and historic architecture, unexpected for Orange County, and all in a charming combination that managed to retain a small town feel even in the 21st century.

I've been sounding the alarm in recent years that we'll soon hit a tipping point where what's unique, natural, or historical will be outnumbered by cookie-cutter, anonymous corporate chain high-rises with life-altering out-of-town decision-making.

**Everyone** 

can agree

that the most

pressing need

for affordable

housing

is for people

with the lowest

incomes,

and the City

needs 5,187

of these.

We are just about at that point. The Housing Element decisions that the City will make this year could change our City's unique, historic feel forever. The City should look at every opportunity to create affordable housing without overbuilding. I'd like to offer some alternatives to recent overzealous, by-right building proposals that will destroy something that, once lost, cannot be regained while still meeting our legal and moral obligations to provide affordable housing.

To solve the state's affordable housing crisis, Fullerton must accommo-

date building 13,209 units over eight years. Inexplicably, over 5,500 of these required units will be market-rate or luxury units, meaning that the City of Fullerton could be misled into subsidizing or streamlining housing typically built "naturally" because market forces provide a significant return on investment for higher-priced housing. The City has always met and, in fact, far exceeded its market-rate housing goals. Market-rate housing needs to be built, but incentivizing it is not necessary

The City needs 2,271 units at the next level of required housing, considered moderately affordable, rather than through what is proposed below. The City could accommodate over half of these by instituting an "inclusionary" housing policy requiring market-rate and luxury housing developers to build 20% of their units at this level (\$3,201 monthly rental for a family of four, or \$500,000 for-sale units). The Planning Commission once discussed instituting an inclusionary policy, but it hasn't been adopted.

Everyone can agree that the most pressing need for affordable housing is for people with the lowest incomes, and the City needs 5,187 of these. But, unfortunately, the City has always struggled to meet these, typically at only approximately 50%.

The City is suggesting several tools to meet the state's 13,209 mandate. The Planning Commission met on February 15 to study one of them, the HIOZ (Housing Incentive Overlay Zone), which would allow hundreds of retail and industrially-zoned parcels to be upzoned with an overlay allowance for multi-family

homes. The advantage to developers is massive: a "by-right" building with no normally required re-zoning or general plan amendment hearings, no formal density bonus requests, potentially drastically reduced parking requirements, and no standard environmental review. In return, developers would include 10% of the units at one or more of the affordability levels (potentially the lower levels, but possibly just the "moderate" \$3,201 level).

The areas currently identified for HIOZ would accommodate at least



24,491 housing units, well above our 13,209 requirements. It's still unclear what amount of density would be allowed. But it appears to be at 40 du/acre (dwelling units per acre [3 to 4 stories]), though 75 du/acre (7 to 8 stories) may be allowed. Other than byrequest "specific plans," only one area in Fullerton's General Plan envisions this level of density (near Harbor and Orangethorpe), with most between 30 and 60 du/acre.

Most cities include a buffer of 15 to 30% above requirements to ensure they meet their numbers. Our HIOZ alone, even without any other tools considered, is almost 200% above our requirements, with over 90% - over 22,000! - in the market-rate/luxury level; non-affordable by definition. With this kind of lucrative fast-tracking, speculators will purchase many properties. As a result, prices throughout Fullerton could spiral out of control, making an already dire situation worse instead of better.

The HIOZ proposals of primarily market-rate housing exponentially exceed our allowable General Plan density and build-out levels, which already exceed safe air quality and traffic congestion levels, having been excused from meeting the requirements. In addition, the switch to stafflevel reviews from the current Planning Commission and City

Council public process will surprise many property owners who will no longer have a say regarding zone changes, density, and building proposals immediately adjacent to them.

Items addressed at the recent study session: removing church properties to a separate affordable housing tool, the enormous buffer HIOZ adds to Fullerton's luxury housing fast-tracking, the removal of future decisions from the public realm, design standards to mitigate the effect of 8-story buildings directly adjacent to historic or one- or two-story buildings, new housing next to toxics generators and truck yards, the need to address the emergency evacuation needs of mobility-challenged individuals, the ability for additional property owners to optin to HIOZ, the potential loss of mobile home parks, commercial and industrial

The dire need for affordable housing shouldn't be a reason to destroy Fullerton's uniqueness and open it to big-box design and corporate housing speculators. Again, we can create affordable housing without overbuilding.

If you care about this issue, please call or text for a link or phone number to a Zoom discussion at 2 pm, Sunday, March 12: 714-729-3019 "I've always

believed

that a lot

of the trouble

in the world

would

disappear

if we were

talking to

each other

rather

than about



# Healthy Awareness

by Jo Ann Brannock, Ph.D. © 2023

#### WHY ARE WE SO POLARIZED?

In his book, Why We're Polarized, Ezra Klein reviews how political parties such as the Republicans and Democrats have become so divided in recent years. Such division or polarization results in a complete breakdown of any compromising or negotiating on complex and important issues; with this polarization, people cannot reach across the aisle and "agree to disagree" or come up with solutions that might benefit the American people. What is left is a divided country, and with division comes weakness and lack of progress.

One of the principles of social psychology shows how people become locked into only identifying with their group (political party) and, as a result, blindly follow them and whatever their party dictates. People justify any candidate running under their chosen party, and this identity shapes their views. These partisan viewpoints have merged with racial, religious, geographic, ideological, and cultural identities, all contributing to polarization and, thus, division in beliefs.

What happens if you identify as a Republican but believe in the earlier decision in favor of Roe vs. Wade? How do you reconcile this? What about the Democrats whose mission is to help the poor despite the rising debt ceiling, which could and is leading to inflation. Republicans stand for conservative ideologies and Democrats for liberal ideologies, but isn't there some way to negotiate and solve some of the significant issues?

For example, immigration is a major issue for many people which remains unsolved. Some view it as something negative, and some view immigrants as possible criminals or involved in the drug trade! However, some of us view immigration as something positive for our country because most immigrants are hard-working people simply looking for a better life for their children and families. Each party has something to say - so what is the middle ground, and how do we reach that? I have spoken with immigrants who are now American citizens who believe that immigrants coming to this country should also go through the same process that they went through.

Klein states that both parties slander, undermine, plot against, and even physically assault each other. Realistically, we have had differences in our opinions and lack of consensus throughout the years, but in my lifetime, it is worse today. Many families have ceased speaking to one another because of these differences, especially when we are trying to sort out the facts from untruths. Whom do we believe? According to Klein, the "American system is broken, and the problem is caused by money, political correctness, social media, political consultants, or Mitch McConnell."

The major problem exists today because of the people who represent us in Congress, which needs to be resolved. So, how can we change this? One way is to look to the past for advice, and in the words of Ronald Reagan: "I've always believed that a lot of the trouble in the world would disappear if we were talking to each other rather than about each other." So perhaps, what we need as a nation is trained negotiators to help us communicate with each other and come to decisions that represent the American people.

Another way is to look at the results of psychology experiments that involve this division. Psychologists have looked at the reasons for prejudice and polarization over the years.

For example, Muzafer Sherif and his colleagues did an ingenious study in 1966 to show the role of competition in promoting discrimination and division.

The researchers created intense feelings of in-group and out-group identification in a group of 11 and 12-yearold boys at a summer camp by physically separating them into two different cabins and naming them the Rattlers and the Eagles. They assigned various projects to each group, such as building a diving board or cooking out in the

Once each group developed strong feelings of group identity and allegiance through division on the first

> day, then the researchers set up a series of competitive games, including tug-of-war and touch football, and awarded desirable prizes to the winning teams. This competitiveness resulted in the groups picking fights, calling each other names, and raiding and vandalizing each other's camps. The Eagles burned the Rattler's

> In reviewing the actions of the people involved in the experiment, it was found that each group was egged on by Sherif's research assistants to produce the results of division and perhaps supplied the matches to burn the Rattler's

Does this sound familiar concerning what occurred at the Capital building on January 6, 2021? What seems to have happened may be due to more of a "mob" mentality where people with intense feelings of patriotism can be overridden by a small minority whose sole purpose is to incite violent behavior. These behaviors we observe today are evidence of the research-produced prejudice and division/polarization.

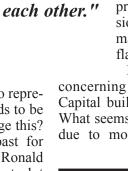
After using competition to create this division between the two groups, the researchers went on to demonstrate how cooperation could be successfully used to eliminate it. They created tasks that required expertise, labor, and cooperation from both groups, which included awarding prizes to everyone.

For example, to solve the problem of lack of water in the camp, all the boys worked together with the common goal of getting water. As a result, the hostilities and prejudice between the groups slowly dissipated, and by the end of camp, the boys voted to return home on the same bus and even sat together.

Sherif's study showed the importance of cooperation as opposed to competition in reducing prejudice or polariza-

How does this experiment relate to the division between the Republican and Democrat parties? Working together to solve issues like homelessness might solve today's inherent division. And, as constituents, don't we all want to solve these issues?

Come on, politicians and representatives, listen to one another, cooperate, and get things done! Fulfill your campaign promises, be accountable for being our elected representatives, and stop wasting time and money!



#### **BALANCE & CHANGE** by Michelle Gottlieb, Psy.D., MFT, LPCC © 2023

#### How to be kind to yourself

Have you ever been really tired? Or really sick? Or really busy? Or just really, really did not want to do something? We all have. When we are overwhelmed, we need to start to rearrange our priorities. However, there may be another voice in our head that is shaming us. It may encourage us to think badly of ourselves if we do not do EVERYTHING that we think that we are supposed to do, that we are, somehow, a failure.

When I am working with someone who has too much to do, and is struggling with it and has that shaming voice in their head, I ask them if their best friend were in the same situation, would they shame their friend? The answer is almost always, "No, of course not!" My follow up question is, "What makes you different?" The those rules do not apply to me."

logically, why do those rules of compassion only apply to others, but never us? Why do we always put ourselves under the most stringent (and ridicu-

The answer often lies in the rules that we grew with, the role that we played in our families. We were given or decided to take on the role of taking care of everything. Children cannot take care of things because they have no power. They are not developmentally ready to take on the tasks involved in running a family. So, they "fail". The true failure is the idea that they should even have that role. But these kids learned early on to take on too much, no matter how they are feeling.

What I suggest to my clients is that they begin to treat themselves the same way that they treat others. Give themselves the same amount of compassion and grace that they allow for others. To tell that voice in their head to tune the volume down just a bit. And then answer is always some form of, "but notice how they feel. It is okay to take care of yourself. It is okay to be My question to you, looking at this responsible for what is yours; to not be responsible for what is not yours. It is okay to forgive yourself. Please take care today!



Admission: Fullerton college students \$7: GENERAL PUBLIC \$10

TICKETS AVAILABLE AT THE CAMPUS BOX OFFICE

#### **BLACKBOX**

#### **EIFFEL**

Monday, March 27, 2023

Tuesday, March 28, 2023

**HAWA** 

Wednesday, March 29, 2023

**60** 

@fcfrenchfilms

# WTLC changes name to Radiant Futures

WE ARE NOW RADIANT FUTURES!

The name "Women's Transitional Living Center" no longer encompasses who we are and who we serve.

After a comprehensive assessment which communicated a need for a name that fully represented the spirit of our work and vision, we embarked on a two and a half year-long process to create a new brand identity.

We are not becoming a different agency, like the survivors we serve, we are just reclaiming who we have always been. radiantfutures.org

# People who died homeless in Orange County in January 2023:

**DIED ON DECEMBER 15TH** Gilbert MATTHEWS, Fountain Valley **DIED ON DECEMBER 22ND** Carl VACA, Santa Ana **DIED ON JANUARY 1ST** Paul KERR, Santa Ana **DIED ON JANUARY 2ND** Mark FAVA, Huntington Beach **DIED ON JANUARY 3RD** Kevin PARKER, Fountain Valley **DIED ON JANUARY 6TH** Tyler PRINZEN, Westminster Yahir BELLO, Fountain Valley Nicholas LA ROSA, Mission Viejo **DIED ON JANUARY 7TH** Brandon COOK, Orange **DIED ON JANUARY 9TH** Daniel VALENCIA, Anaheim **DIED ON JANUARY 10TH** Jeffrey OTOO, Santa Ana **DIED ON JANUARY 12TH** Josie ZUAZO, Fullerton Roy STJULIAN, Stanton **DIED ON JANUARY 13TH** Isaiah MILLER, Costa Mesa Silviano VAZQUEZ RODRIGUEZ, Mission Viejo **DIED ON JANUARY 14TH** Steven HAGER, Garden Grove **DIED ON JANUARY 15TH** Jose AVELARDE, Westminster DIED ON JANUARY 16TH David GULMATICO, Buena Park **DIED ON JANUARY 17TH** Melina SIERRA MARTINEZ

Santa Ana

Christopher ZIMMERMAN,

Santa Ana

**DIED ON JANUARY 18TH** 

Laif OLSON, Cypress

Darab NABILY, Garden Grove

Bryan SURLES, Anaheim

**DIED ON JANUARY 19TH** Ron SIMPSON, Anaheim DIED ON JANUARY 20TH Cory FLANNERY, Stanton Antonin GUZMAN, Anaheim Nhan VO, Anaheim Jacob FOASBERG, Anaheim Paul CERMINARA, Anaheim Ronald COBO, Fountain Valley DIED ON JANUARY 21ST Francisco CARDENAS RAYO, Garden Grove Richard LONGACRE II, Corona del Mar **DIED ON JANUARY 22ND** Viridiana MORALES, Garden Grove Javier GARCIA MANZANARE, Garden Grove **DIED ON JANUARY 23RD** Kevin GAY, Westminster **DIED ON JANUARY 24TH** Lance KERWIN, San Clemente Jorge PALOMINO, Fullerton DIED ON JANUARY 25TH Stefan RIEDEL, Garden Grove Thomas OGLESBY, Stanton Tommy RODRIGUEZ, Anaheim Hoa NGUYEN, Garden Grove **DIED ON JANUARY 26TH** Dao DAO, Garden Grove **DIED ON JANUARY 27TH** Hae KHANG, Santa Ana Dante CIOLFI, Huntington Beach Jonathan ICE, Westminster Suzanne APPLEQUIST, Anaheim **DIED ON JANUARY 28TH** Xueyuan ZHANG, Laguna Beach Larry BRYANT, Orange

Elnaz NIAVARANI, Buena Park

May they rest in peace

#### To place an obituary or other tribute

send information to: ads@fullertonobserver.com
or Fullerton Observer, PO Box 7051, Fullerton, CA 92832
• Fullerton residents and teachers get 185 words plus photo Free.
• Prices based on word count.

"He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty. I will say of the LORD, He is my refuge and my fortress: my God; in him will I trust." Psalms

Sunday Service & Sunday school at 10:00 a.m. Wednesday Testimony Meeting at 7:30 p.m. Reading Room: Mon. - Sat. from 10 a.m.-1 p.m.

First Church of Christ, Scientist
1300 N. Raymond Avenue, Fullerton 92831
Office (714) 525-4062 Reading Room (714) 525-2649
christiansciencefullerton.com csfullerton@sbcglobal.net

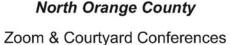
#### Wills, Trusts, Powers of Attorney

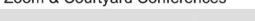
For Assets and Medical Decisions

#### Paul H. Miller

Attorney with 43 years Experience

Certified Specialist for 29 years in
Estate Planning, Probate & Trust Law
by the State Bar of California
Board of Legal Specialization
One of 4 certified specialists in





(714) 441-4019

1235 N. Harbor Blvd., Ste. 200, Fullerton, CA 92832-1349 (On the 2nd Floor of the Chase Bank building across from Hillcrest Park)

# Come Celebrate the Life of Shirley Owens McClanahan 1955 - 2023

Celebration of Life Date: March 3, 2023 Time: 11:00 a.m. Place:Friendship Baptist Church 17145 Bastanchury Road Yorba Linda, CA 92886

Shirley Owens McClanahan was born in Orange, CA on April 26, 1955, to the late Alfred L. Owens, Sr. and Roxy L. Love. She was youngest of thirteen children (8 brothers and 4 sisters). The Owens family were Orange County "pioneers", being one of the first African American families to live in Orange County. Shirley attended Maple Elementary School, Fullerton High School, University of California, Los Angeles, and Cal State University, Fullerton.

While attending CSUF, Shirley worked at Fullerton Savings. Upon graduating she became a contract analyst and worked as Support Manager for Wang Laboratories working with IBM, Digital, TRW, and US government agencies. While working at Wang Laboratories she met and fell in love with John McClanahan. They married on January 21, 1984, and have been married for 39 years. They are blessed with three beautiful daughters: Shelby, Sydney, & Skyler. And two poochies: Scout and Sawyer.

Shirley wanted to honor the legacy of her parents and family through her faith and belief that our purpose is rooted in serving God by loving and giving to others. She fulfilled her purpose through many outlets, including the Leon Owens Foundation that was founded by her and members of the Owens family in



1994. The foundation has provided over 300 scholarships, assisted many schools and youth organizations. The goal is "Making a Difference Together" and to impact the lives of students.

Shirley led her life as a woman of faith and the belief in the power of God leading her each day. She loved being an auntie to a huge family and Mama Shirley to the bonus children that have come into her life.

Shirley is survived by her husband and best friend of 39 years, John, their three daughters Shelby, Sydney, and Skyler; her sister Dorothy Whitehurst and brothers Alfred Owens, Jr., David Owens, and Theodore Owens. Additional survivors include many loving relatives, especially her nieces, nephews, cousins and many loving and devoted friends.

# Leave a Lasting Impression



Preplanning your funeral/cremation helps to ensure that your life is celebrated according to your wishes. It's also a gift to family and loved ones, who are relieved of making important decisions during their time of grief.

Let our Representative explain the advantages of planning ahead such as:

- Peace of Mind
- Inflation Protected
- Payment Plan Options

#### McAulay & Wallace Mortuary

902 N. Harbor Blvd, Fullerton CA 92832 1-800-995-5535 • (714) 525-4721

For Free	Information			& Send to	o address a	bove.
Name _			- <del>10 - 12</del>	in the second		
Phone_	70	···				

Family Owned & Operated since 1911

William H. McAulay FD #289 License #190 & #1304

#### **City of Fullerton Employment**

Apply online at: governmentjobs.com/careers/fullerton Visit www.cityoffullerton.com for a complete job description.

#### **NEW** Construction Inspector

Job Number: 2023-CONINSPSERIES Salary \$63K - \$85K Annually Full Time

Fullerton Public Works - Engineering Applications accepted until filled

#### **NEW** Assistant Engineer (Water)

Job Number: 2023-ASSTENGWTR Salary \$76K - \$97K Annually Full Time

Fullerton Public Works - Engineering Applications accepted until filled

#### Maintenance Worker & Sr Mnt

Job Number: 2023 - MW&SMWI Salary \$2K - \$4K Monthly Full Time

Fullerton Public Works - Maintenance Applications accepted until filled

#### **Administrative Intern**

Job Number: 2023-00002 Salary \$2K - \$3K Monthly Non-Regular (At Will/Non-Benefited) Fullerton Public Works - Admin Applications accepted continuously

- Community Center Parks and Trails
- Youth Service Division

Job Number: 01 - Community Ctr. \$15 Hr -Fullerton Community Cntr 303 W. Commonwealth Ave Non-Regular (At Will/Non-Benefited) Applications accepted continuously

#### Sr. Parks & Recreation Specialist

Job Number: 2021-00053 \$16.75 Hr - Parks and Rec Dept Non-Regular (At Will/Non-Benefited) Fire Dept Utility Worker I/II Job Number: 22 - FD Utility Wkr

\$15.50 Hr - Fullerton Fire Department Non-Regular (At Will/Non-Benefited) Applications accepted continuously

#### **Police Cadet**

Job Number: 05 \$15.50 Hr - Fullerton Police Dept Non-Regular (At Will/Non-Benefited) This is an at-will/temporary/oncall/non-benefited position limited to 25 hrs per week

#### **Police Dispatcher (Non-Regular)**

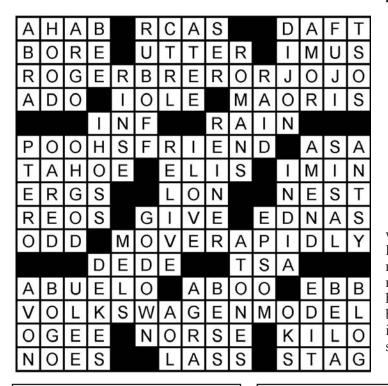
Job Number: 2022-00133 \$26 Hr - Fullerton Police Dept Non-Regular (At Will/Non-Benefited) To be considered for this position, you must be a P.O.S.T. certified dispatcher.

#### **Police Service Representative**

Job Number: 2022-00170 \$4K - \$5K Monthly Full Time Fullerton Police Dept - Admin Visit www.cityoffullerton.com for a complete job description. Recruiting officer 714-738-3377

#### OUR TOWN CROSSWORD © 2023

ANSWER KEY TO PUZZLE "HOPPY 2023" on page 7:





PUZZLE **MASTER** Valerie **Brickey** 

was born in Fullerton and returned raise her family here. She has been contributpuzzles ing since 2014.

#### **Muckenthaler Cultural** Center in Fullerton

Hiring Events & Facilities Staff \$15.50/Hour, Part Time

714.738.6595 info@themuck.org TheMuck.org/join-the-team



Scan to apply

#### Accountant **Position Available**

Analyze financial information and prepare financial reports. Bachelor's degree in business administration, accounting, economics, or related field.

#### Apply at:

Ace Packaging, Inc. 499 Nibus St. Suite E, Brea, CA 92821

#### **ORANGE COUNTY POWER AUTHORITY** NOW ACCEPTING APPLICATIONS FOR COMMUNITY ADVISORY COMMITTEE

If you are passionate about addressing climate change and want to be part of a new movement to bring more renewable energy to our community, the Orange County Power Authority (OCPA) Community Advisory Committee (CAC) needs you!

As a volunteer CAC member, you'll work alongside neighbors to help shape the future of Orange County's community choice energy program. The CAC advises the Board of Directors on the operation of OCPA and helps educate the community about OCPA.

CAC members must be residents (property owners and/or tenants), business owners, employees or representatives of a community-based organization and/or nonprofit organization located within the OCPA member cities of Buena Park, Fullerton, Huntington Beach and Irvine.

Together, we can create a healthier, more resilient Orange County.

For more info and to apply, visit: ocpower.org/about-us/communityadvisory-committee/

#### **About Orange County Power Authority**

Orange County Power Authority is a not-for-profit public agency that offers clean power at competitive rates, significantly reducing energy-related greenhouse emissions and enabling reinvestment in local energy programs through consumer choice. At full launch, OCPA will the sixth largest and greenest community choice energy provider in California, with approximately 875 MW in peak load serving over 825,000 residents and businesses in its service area.

> To learn more, visit www.ocpower.org

#### \*\*\* NOW HIRING \*\*\* **Executive Assistant**

to provide support for the CEO and help grow the business. We're a Fullerton based organic children's supplements company. https://www.greenpeach.com/ Please send a resume and a personal note to info@greenpeach.com

DO WELL BY DOING GOOD.

Frustrated Reader? Could be Dyslexia.

#### **Barton Tutor Fullerton** can help.

Tutoring for all ages, in person, or on-line.

Call: (949) 554 - 8400 or email:

Wecanread@gmail.com

#### **OLDER** ENGINEERING

PHYSICS, MATH, & TECHNICAL

#### **BOOKS PURCHASED!**

Large Collections

(30+ books) preferred Call Deborah 714.528.8297

#### **Stories wanted:** disastrous divorces, especially

custody, especially with court appointed evaluators, for a new family law book.

#### **Email:**

jak@judithkaluzny.com or write to: Judith A. Kaluzny, 149 W Whiting Ave, Fullerton, California 92832

#### CERTIFIED SENIOR RESIDENTIAL SPECIALIST 1800-484-3588

A Customized Approach to Selling Your Home

CERTIFIED PROBATE SPECIALIST

- PROPERTIES HELD IN TRUST
- 25 YEARS EXPERIENCE

DianaVeloz.Com **Broker House Real Estate** Ca.DRE: 01257943

**Fullerton Observer** Newspaper and **Broadcast** is looking for you. **Volunteer Today** 

Send resume to: Observer@FullertonObserver.com

#### Yard Sale

March 11 SATURDAY ONLY 8am to 2pm

149 W Whiting Ave Observing Fullerton

Fundraiser Help support students and

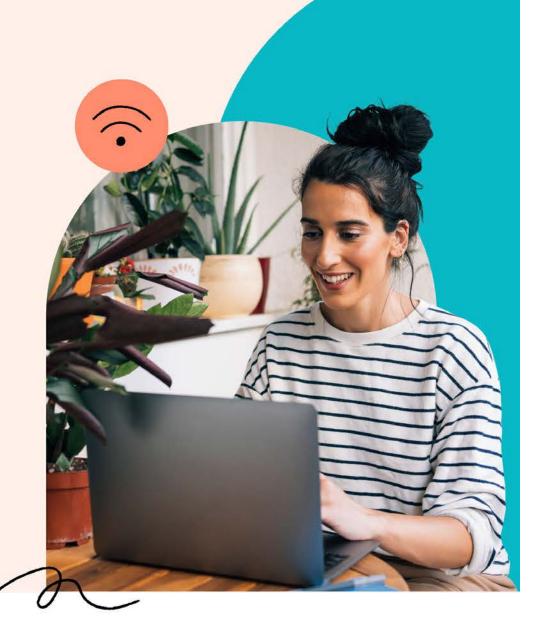
positive local media

#### Send classified ad information to ads@fullertonobserver.com

CLASSIFIED ADS ARE FOR LOCAL PEOPLE AND BUSINESSES ONLY. All ads must have name, local phone number, address, and licenses for contractors and home cooks must be up to date. No animal sales. All ads will be verified. Any ad that can not be verified will not be printed. Classified ads are \$15 for every 15 words, maximum 30 words.

# Ting Internet is here in Fullerton!

Order today to get the fastest, most reliable internet in town.



Get ready to experience fast, reliable fiber internet for your home. Order now and get a free month of service and a free standard installation.

Fiber makes everything we do online today easier with capacity built for our future needs.

#### Ting Fiber 1000

**Gigabit Internet** 

\$59/mo for first 24 months

- $\mathscr{Q}$  Up to 1,000 Mbps download and upload speeds
- ☐ Connect 20+ devices seamlessly
- Unlimited data

Order now at tinginternet.com/fullerton59

